

MS East Wicklow Branch

Spring Newsletter



Irene Byrne is doing a walk in Romania for MS in the autumn. She is having a cake sale as a fundraiser on Mother's Day, 10th March from 10am – 1pm. Venue – Villa Pacis (beside Queen of Peace Church, Bray, opposite O'Brien's Off Licence). Irene has requested that you support her and encourage as many friends as possible to attend.



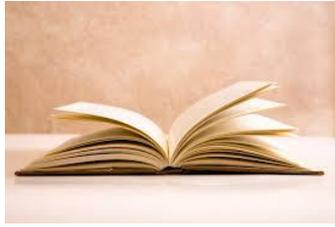
Our Annual Lunch at the Glenview was a huge success with a record attendance of 60 guests. Great praise for **Persis Quin** for her 46 years service to the branch who was presented with a gift by **Ava Battles**, CEO, MS Ireland. The Beating Time Singers were again a huge success.

A date for your diary is **2014's Annual Lunch on Saturday, 18th January**. We are considering having a summer lunch in the Glenview due to its success. More details later.

The East Wicklow Branch AGM takes place on Saturday April 6th at 1.45pm for a 2.00pm start followed by tea/coffee, scones and chat. Let me reassure everyone that there is absolutely no chance of being asked to join the committee, as we have a full compliment. In 2010 we had 17 branch members attend, in 2011 we had 35 and in 2012 we bombed at 15, which included the committee, and we had invited two guest speakers. So we would love to see as many as possible on the day.

Due to the outstanding success of John Mc Carthy's Brain Training at the Wellnesday Day in the Glenview, we have invited John to demonstrate his Brain Training at the AGM.





The hugely successful **EWB Creative Writers Workshop** will once again host an evening of their work in the Glenview on **Wed, April 24th at 7.30pm for 8.00pm.**

The **EWB raised €1.242.28** at the flag days at Tesco in Greystones in January. A very sincere thank you to all who helped. We are endeavouring to secure further flag days at supermarkets as they are our primary source of income. If you can secure a flag day for the EWB or have a fund raising event, please let us know and we will provide you with support if needed.

Help is needed at **Dundrum Shopping Centre, on Wednesday, May 29th** by Geraldine Dunne and Jennifer Reilly from the Regional Office. They are having a bucket collection for **World MS Day** and **“Volunteers” are needed from 11.00am until 9.00pm.** E-mail GeraldineD@ms-society.ie or JenniferR@ms-society.ie to confirm your preferred two hour slot. **And as ever, “No is not an option”!!!**



The MS EWB have kindly responded to the request from the Regional Office to fund the current **Thai Chi programme at Shoreline in Bray.**

We are considering having a **summer lunch** at the Glenview, and wonder if people are interested in attending in the early part of **June.**

We are also considering having a group outing in **September to Russborough House or Collins Barracks,** and we have written to **President Higgins (patron of the MS-Society) for a tour of the Aras.**

And finally, “Do It Now”, and don’t leave it on the, “Long Finger”:

Reply to confirm your attendance at the **AGM on Saturday, April 6th** to carmelsalley@hotmail.com

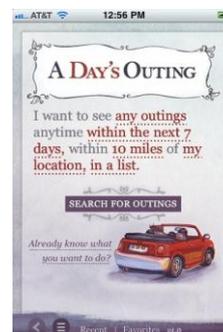
Reply with your attendance to the **Creative Writers Workshop evening, Wednesday 24th** to carmelsalley@hotmail.com

Reply with your preferred two hour slot for **Dundrum Shopping Centre for World MS Day, May 29th** to GeraldineD@ms-society.ie or JenniferR@ms-society.ie

And lastly your preference in ranking order:

- A. Russbrough House.**
- B. Collins Barracks.**
- C. The Aras.**

To carmelsalley@hotmail.com



Bushy Park Care Centre is available to anyone with MS who would like to have a break/respite for up to two weeks per year. If you have private health insurance or have a medical card you are entitled to stay. Contact Niamh at (01)4906234.

The East Wicklow Branch continues to support PwMS who may have difficulty meeting certain expenses, we are delighted to help when we can. This service is offered on strictly private and confidential bases by contacting Elsie Ryan on 087 2142890.

Deirdre in Valentine's Community Shop in Bray (formerly the MS Shop) would like to thank everyone for the continued custom and donations in recent months and looks forward to your continued custom during this spring. **Deirdre is donating half of her profits to the MS East Wicklow Branch**, so the more business generated by everyone, will help the EWB.

Thank you for all your used stamps. I donated them to the Irish Guide Dogs for the Blind who train their puppies to become guide dogs. Keep saving your used stamps please.

The recent e-mail you received regarding the Dolly Recycling Textile containers. Already some of you have replied with location suggests. Thank you. Remember these Recycling containers raised over €26,000 for the MS-Society in 2012. All you have to do is think of a possible location, e-mail sonya@dollytextilerecycling.ie Just one suggestion per person will have such a significant result.

Mark Mitchell, Chairman, MS East Wicklow Branch.

03/'13