Damage to an area of the CNS can lead to symptoms in the area of the body that it controls.
When you pick up something like this information sheet and start to read, your central nervous system, or CNS, performs several functions. For instance, the CNS sends out command signals to control how your arms hold the sheet, and interprets information from your eyes as you read.

Damage to the spinal cord, for example, may result in both numbness and weakness in the limbs and bladder disturbance. Damage to the optic nerve, which connects the eyes to the brain, often causes blurred vision and loss of colour perception.

Other common symptoms resulting from damage to the CNS include difficulties with movement, such as weakness, spasticity, stiffness and a feeling of heavy limbs, and abnormal sensations, such as numbness, pain and itching.

In many cases, damage to the CNS, even to large areas, does not produce symptoms. Nevertheless, the greater the amount of damage, the more likely symptoms become.