

Mission Statement



To enable and empower people affected by MS to live the life of their choice to their fullest potential.

Aims

- To empower people with MS to control their lives and influence their environment
- To allow people with MS to live with dignity while participating in the community
- To provide support for the families and carers of people with MS
- To co-operate with the medical, scientific, social and caring professions
- To promote scientific research into the causes of MS
- To encourage better management of MS and its symptoms
- To exchange and disseminate information on MS
- · To develop an efficient, effective and caring organisation to serve the needs of people with MS

Services

The Society provides a wide range of services, programmes and activities designed specifically to meet the needs of the MS community and to ensure that the fundamental objectives of the Society are achieved. These include:

- · Individual and family support;
- Living with MS programmes, activities and workshops;
- Confidential information line:

1850 233 233;

- Respite Care Centre;
- 40 Voluntary Branches nationwide;
- Professional counselling;
- · Advocacy and lobbying;
- · Publications and website

www.ms-society.ie;

- MSnews magazine and e-newsletter;
- · Research funding and information;
- Conferences and seminars

To learn more about MS, tap into services in your area or support the work of MS Ireland through campaigning, volunteering or fundraising, contact us today:

01 678 1600

www.ms-society.ie

MS Info Line: 1850 233 233

info@ms-society.ie



















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Letter from the Chairman and Chief Executive

2012 was a pivotal year for MS Ireland. It was the dawn of our new integrated model of working which aims to harness the resources, passion and talents of our staff and volunteer-led community services. Recognising the value and role everyone plays, coordinating service delivery and working more efficiently are key aspects to the integrated model.



Mr Manfred Huschka, Chairman



Ms Ava Battles, Chief Executive

We are enthused and motivated by our staff and volunteer's willingness to change and adapt to improve the local services we offer to people with MS and their families.

In 2012 our direct services to people with MS and their families continued to be a key focus of our work. Addressing the individual needs of a person or family is vital as we assist people to come to terms with their condition, access services and build a future that is fulfilling.

Getting The Balance Right and all our exercise related programmes flourished in 2012. 1,071 people accessed a programme which translates into an approximate investment of 10,710 hours of tailored made sessions for people with MS.

In 2012 we were delighted that the MS Care Centre received its accreditation renewal, demonstrating the high quality services available. We continued to invest in the infrastructure of the Centre with essential repairs and renovations.

The MS Ireland website, www.ms-society.ie was upgraded in 2012 to improve our ability to provide information and stimulate interaction among the MS community online. The website is a central source of information on MS, our services, other supports and organisations and the many ways people can get involved in our work, including fundraising, campaigning and membership.

Access to treatments was a significant advocacy campaign throughout 2012. MS Ireland believes that people with MS should have access to all approved treatments deemed suitable for them by the neurologist. Our campaign in 2012 fought for the national reimbursement of the world first oral therapy and improved access to an infusion therapy.

MS Ireland sent letters and attended meetings with department officials and elected representatives and collaborated and supported other organisations advocating on the same issues. People with MS came out in force as many spoke to the media about their frustration, with many more writing to their local TDs to demand action.

Our action – and that of many other organisations – proved fruitful in August 2012 as reimbursement was secured for the oral therapy. As a consequence MS Ireland has been invited onto a HSE working group to map out a model of care for MS. After stroke and epilepsy we are the first

neurological condition to undergo this exercise and we aim to ensure the needs of people with MS are fully met in the process.

Our commitment to research continued in 2012 as our financial support for a demyelination project in NUI Galway entered its second year and our partnership with the University of Limerick continued to develop.

In 2112 we were delighted that that Emma Rogan a person with MS, voluntary Branch member, and former board member won the Vodafone World of Difference Award. Working with MS Ireland for a year, we know Emma's passion in advocating for the rights of people with MS will be a huge addition to our work.

These wonderful successes – and the many more you will read throughout this report – were achieved under the backdrop of continued financial pressure. Statutory and fundraised income continues to diminish, making it difficult to deliver the same quantity of service. However, we are and will always be committed to being there for people with MS, despite the financial challenges.

Our work is only possible because of the time, talent and passion of the many people and groups who support MS Ireland. We are so grateful to our staff, voluntary Branches, fundraisers, partner organisations, volunteers, members and everyone who supported MS Ireland in 2012. Your generosity means we can continue to 'enable and empower people affected by MS to live the life of their choice to their fullest potential.'

Enjoy reading this report and we look forward to another exciting year working on behalf of the MS community.

Thank you

Wacous

Ms Ava Battles

Chief Executive

Mr Manfred Hushka Chairman

Feel Rull

July 2013

Patron

MS Ireland is delighted to have Michael D Higgins, President of Ireland, as sole patron.



Members of our South Wexford Branch met President Higgins and his wife when they officially opened a local community centre on World MS Day 2013.

Our work is only possible because of the time, talent and passion of the many people and groups who support MS Ireland. We are so grateful to our staff, voluntary Branches, fundraisers, partner organisations, volunteers, members and everyone who supported MS Ireland in 2012.



Moving Forward MS Ireland's Strategic Goals 2012 - 2014

In 2011 MS Ireland carried out an organisational review to identify the services people with MS most valued from the Society. The results showed a clear mandate for the future and formed the basis of our new strategic plan for 2012 – 2014, *Moving Forward.* Six strategic goals have been identified.

The Board, staff and volunteers of MS Ireland will now work towards delivering on this plan each year to ensure we continue to achieve the mission of MS Ireland.

Support and Service Provision

To provide appropriate, quality, nationwide services based on individual and family needs.

2 Information and Education

To provide timely, accurate, sensitive and accessible information to people who use our services and educational activities for health professionals.

3 Research

To fund research and disseminate national and international research developments in an accessible format.

4 Advocacy and Campaigning

To represent the views and concerns of people who use our services at a local, national and international level.

5 Strengthening Organisational Capacity and Profile

To continue developing an efficient and effective organisation that supports our services, staff and volunteers within available resources and to deepen the good reputation of MS within the media, allied organisations and those who use our services.

6 Funding the Strategy

To source, fundraise and effectively manage our financial resources to fund the services and activities of the organisation.

The full strategic plan can be downloaded from www.ms-society.ie

Highlights

- 10,710 hours of physiotherapy and exercise classes provided
- Approximately
 6,238 people with
 MS accessed our
 individual and family
 support service in 2012
- 3 2811 bed nights were occupied at the MS
 Care Centre, Ireland's only respite and therapy centre for people with MS

Moving forward in

Support and Service Provision

Support and Service Provision Goal

To provide appropriate, quality, nationwide services based on individual and family needs.



Norah Saville, MS Carer of the Year 2012



MS Ireland have been a great help to me and Syd over the years. Mags, our Regional Community Worker is a God-send with useful information and reassurance. She helped us access more home-care hours and sorted out carers benefits for me. This year Syd visited the MS Care Centre for the first time and received top notch care and he really enjoyed the social aspect too.

We're also involved in our local voluntary Branch and it's great to meet people in the area and learn from their experiences.

How we moved forward in Support and Service Provision 2012:

The MS Care Centre

The MS Care Centre is Ireland's only respite and therapy centre for people with MS. It provides short-term respite care, therapeutic services, neurological assessments and social activities in a home away from home in Rathgar, Dublin.

In 2012, 2,811 bed nights were occupied by residents from all around Ireland. Of these 1078 required full dependency care delivered by our experienced and trained nurses, therapists and care staff. A further 1,122 required high dependency care and another 611 required a moderate level of care.

Significant developments and activities in the MS Care Centre in 2012 include:

Ministerial Visit

Minister for Social Protection Joan Burton visited the Centre in March to see our Community Employment Scheme in action and award new graduates. The Solas (formally FAS) run scheme in the Centre has one of the highest progression rates in Dublin, with over 80% of participants going onto regular employment.

The Minister and representatives from the Department of Health took a tour of the centre and awarded certificates to seven graduates of the FETAC Level 5 Care Assistants module.



Minister Burton presents Philip Greaves with his certificate, one of seven awarded on the day.



Many people organised fundraisers and volunteered at the Centre in 2012

CHKS Review

In 2011 the MS Care Centre was awarded the internationally recognised CHKS Accreditation. Requiring exemplary standards in clinical governance, care provision, policies and procedures, training and health and safety, the accreditation ensured continued funding from VHI and recognition of a quality service.

In 2012 the accreditation was reviewed by the awarding body. The accreditation was maintained due to the continued diligence and cooperation of staff.

Building Works

Income from the Friends of the MS Care Centre campaign was used to make essential repairs and improvements around the centre.

- Emergency lighting installed to improve safety
- Installed a sluice room to better dispose of waste
- Re-landscaped the garden for better and safer walks for residents
- New equipment for bedrooms
- Renovated windows to improve insulation
- Made safe a large sky light on a protected part of the building

A number of businesses also supported the centre through corporate volunteering. Painting and garden works proved popular as staff took up tools to help the centre.

Become a friend of the MS Care Centre to ensure we can continue to offer people with MS respite and offer their carers a break.

Donate, fundraise or volunteer today!

01 678 1600

www.ms-society.ie

fundraising@ms-society.ie

The MS Information Line

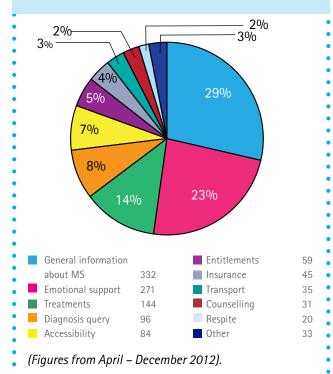
Our confidential service offers immediate information and emotional support to people with MS, their families, carers, health professionals and employers. The service is open from 10am–2pm Monday through Friday.

In 2012, approximately 1504* people contacted the MS

information Line. Contact varies from those looking for information on particular topics to those wishing to talk through fears and concerns relating to diagnosis or particular issues.

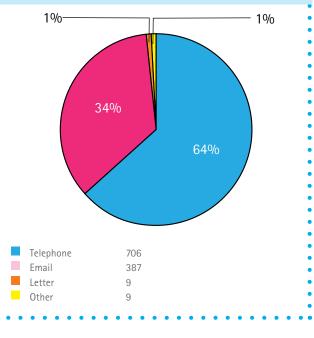
Contacts By Issue

The pie charts shows the issues most commonly discussed by those who contacted the MS information Line.



Contacts By Method

This pie charts shows the method by which people contacted the MS Information Line.



* Data was only recorded from April to December. Total figures are based on a monthly average.

JOIN OUR COMMUNITY

MS Ireland is a strong vibrant community of people with MS, family members, health professionals, volunteers and others interested in or affected by MS. If you would like to become part of our community and support our work become a member today. For €25 per year you will have a say in the way we operate, participate in elections, receive copies of our MSnews magazine and most importantly add your voice to the thousands of others who advocate and support the MS community across Ireland.

You do not need to be member to receive any service of MS Ireland but your financial support means we can continue to provide services nationwide.

To learn more about membership contact us today: 01 678 1600 or info@ms-society.ie

How we moved forward in Support and Service Provision 2012:

Regional Services

The regional services provided by staff offer a range of services to individuals, families and health care professionals in their area. These services are aimed at providing support and information, assisting the person and family to learn about MS and to discover coping mechanisms to improve their quality of life.

Casework, living with MS programmes and counselling are three of our main regional services. Other services include information to healthcare professionals, service development, raising awareness and supporting the voluntary Branches in their area.

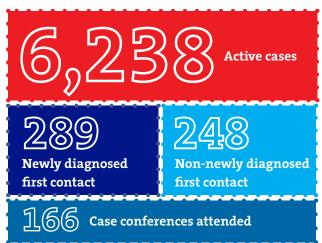
Regional services are provided through 10 regional offices, covering every county in Ireland.

A major work area for all regional offices in 2012 was the introduction of the integrated model of working. This brought regional services and voluntary Branches together to better plan and resource services. Read more about the integrated model on page 21.

Individual and Family Support

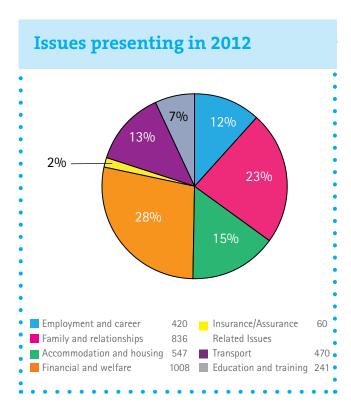
Our individual and family support (also known as casework) revolves around home visits, contact with clients, issue exploration/resolution and referrals to other agencies. We use a solution focused model of case work that works on the principal of a partnership approach between the staff member and client in addressing needs.

Individual and family support by the numbers



Casework is a hugely important service to those newly diagnosed or struggling with the impact their MS is having on a part of their life. Casework allows the person or family to discuss issues and receive information, support and guidance from our trained and professional staff to work with all clients to empower them to make decisions about their life with MS.

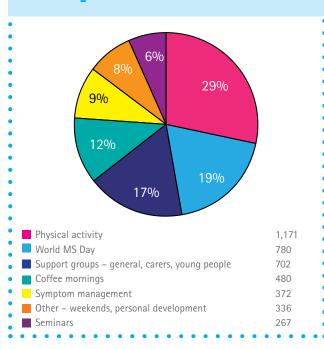
In 2011, a number of presenting issues were explored or resolved by staff, in consultation with the client. These issues represent the difficulties people with MS and their families are facing each day.



Living with MS Programmes

Our regional services provide a wide range of group supports through programmes, workshops and activities covering such areas as health promotion, coping strategies, caring, personal development and exercise and physiotherapy. Types of programmes include newly diagnosed seminars, fatigue management, carers support groups, information mornings, symptom management, group physio and yoga.

Living with MS Programmes Participant Numbers in 2012



Getting the Balance Right, our nationwide exercise, health promotion and research programme for people with MS, continued to deliver physiotherapy and other exercise classes throughout the regions in 2012.

Popular programmes include group physiotherapy, yoga and gym sessions. Most programmes run for 8 or 10 weeks and are tailored to the needs of the individual.

1171 participants across the country accessed a programme in 2012.

Counselling

In 2012 439 counselling sessions were conducted nation-wide for people with MS and their family members. The service allows people to explore issues relating to their MS in an individual and confidential manner.

Other Regional Work

Our regional teams are also involved in health professional education, developing voluntary Branches, creating awareness of MS and developing services in their local communities.

MS Ireland Regional Offices

To learn more about services available in your area, contact your local regional office. All voluntary Branches can be contacted through the regional office.

North West Regional Office

Providing services in Donegal, Sligo and Leitrim northwest@ms-society.ie (074) 9125017

Western Regional Office

Providing services in Galway, Mayo and Roscommon western@ms-society.ie (091768630)

Midwest Regional Office

Providing services in Clare, Limerick, North Tipperary midwest@ms-society.ie (061 303803)

Southern Regional Office

Providing services in Cork and Kerry southern@ms-society.ie (021 4300001)

South East Regional Office

Providing services in Kilkenny, Wexford, Carlow, Waterford and South Tipperary southeast@ms-society.ie (056 77 77771)

Midlands Regional Office

Providing services in Laois, Offaly, Longford and Westmeath midlands@ms-society.ie (090 64 71137)

North East Regional Office

Providing services in Cavan, Monaghan, Louth, and Meath northeast@ms-society.ie (042 9754304)

North Dublin City and Fingal Regional Office

Providing services in North county Dublin and city na@ms-society.ie (01 4905933)

South East Dublin and Wicklow Regional Office

Providing services in Wicklow and areas of south Dublin eca@ms-society.ie (01 2871704)

South West Dublin and Kildare Regional Office

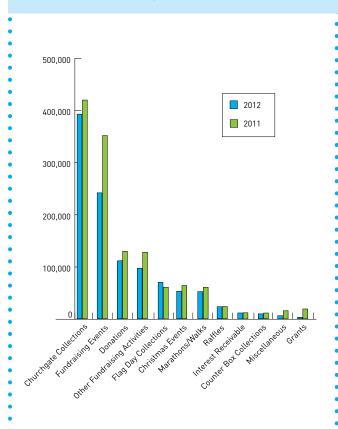
Providing services in Kildare and areas of south west Dublin swa@ms-society.ie (01 4905933)

How we moved forward in Support and Services Provision 2012:

Voluntary Branch

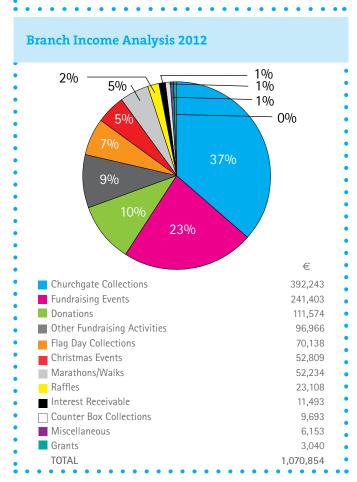
MS Ireland has a network of 39 Voluntary Branches. Run by people affected by MS for people with MS, the Voluntary Branches provide services, social opportunities, fundraising activities and, under comprehensive welfare regulations, financial assistance to those in need.

Branch Income Analysis 2012 and 2011



2012	2011
€	€
392,243	419,318
241,403	351,266
111,574	129,299
96,966	127,468
70,138	60,833
52,809	63,670
52,234	60,414
23,108	23,416
11,493	11,785
9,693	11,074
6,153	15,564
3,040	18,921
1,070,854	1,293,028
	€ 392,243 241,403 111,574 96,966 70,138 52,809 52,234 23,108 11,493 9,693 6,153 3,040

Branch Expenditure Analysis 2012 8% 22% 12% 20% 15% 16% € MS Member Welfare Payments 319,490 Professional Services to Members 290,467 Other services to Members 226,039 Overheads and Administration expenses 207,922 Direct Financial Aid 172,837 Fundraising Expenses 109,117 Aids, Appliances and Adaptions Grants 60,827 Home Help, Nursing and Respite 44,272 1,430,971



Highlights

- Launch of our new website new look, great functionality and more information
- 2 Trained Physiotherapy Assistants to conduct physiotherapy sessions in rural areas
- 3 New Information
 Sheets on various
 potential therapies
 and procedures

Moving forward in

Information and Education

Information and Education Goal

To provide timely, accurate, sensitive and accessible information to people who use our services and educational activities and resources for health professionals.



Mark Mitchell and his family when he won MS Person of the Year 2011



For me information is hope. Information lets me see what new treatments are on the way, what new services have been launched and how I can manage my MS more effectively.



How we moved forward in Information and Education in 2012



MS Ireland Website

In September 2012 we relaunched our website, www.ms-society.ie. The overhaul of the site aimed to introduce a more modern feel to the site, increase the level of accessible information and improve interaction among users.

Key features of the new site:

- Modern feel which remains true to our corporate look but is welcoming and unobtrusive
- News feature module allowing comments for users
- Dynamic calendar with easier search function, a reminder option, and submission form
- Merged regional and voluntary Branch section to give users a better overview of all services in their area
- A community area where people can find our about local services and events, volunteer or become active within the MS community as a spokesperson or advocate
- A new Newly Diagnosed section
- A new Health Professionals section

Physiotherapist Assistant

In 2012 24 people based in the Western Region received their FETAC Level 5 certificate as physiotherapy assistants. The qualification means that MS Ireland was able to augment the physiotherapy intervention in operation by providing assistants to work with people unable to attend traditional physiotherapy due to their level of disability or location. Each assistant is supervised by the chartered physiotherapist and works through a tailored physiotherapy plan with each client.

Information Sheets

New information was provided about potential therapies like BG-12 and Alemtuzumab and all current information sheets were revised.

Print and Online

1,556

pages of the website were visited every day

257

people visited our website every day

10,000

MSnews magazines were published, April and August (approx.)

48,000

Electronic newsletters, eNews, were delivered (approx.)

3,000

Facebook fans connected and interacted with us (approx.)

1,000

Twitter followers connected and interacted with us (approx.)

4,628

YouTube views across all our videos

Nurses Roundtable

In September the second Nurses Roundtable was held to support and promote the work of nurses working with people with MS. Discussions were held on training, best practice, the role of MS Ireland and the role of the nurse in caring for someone with MS. Vikki Mathews, an MS Nurse from Northern Ireland was the guest speaker.

A key topic for discussion was the introduction of an MS Professional Nursing Practice course which aims to provide tailor training on MS to general nurses. The course is being introduced throughout Europe in partnership with the European Multiple Sclerosis Platform (EMSP) and Novartis. MS Ireland is now heading up a working group to oversee it's possible use in Ireland.

Highlights

- Access to treatments campaign during World MS Day to demand the reimbursement of the world's first oral disease modifying therapy and the appropriate funding of an important infusion therapy.
- **Model of Care work** with the HSE's neurology working group to create a pathway for MS care based on needs of people with MS and adequate resources.
- **Brain Awareness** Week activities include a briefing in Leinster House with the Neurological Alliance of Ireland.

Moving forward in

Campaigning and Advocacy

Advocacy and Campaigning

To represent the views and concerns of people who use our services at a local, national and international level.





Creative Transformation! For me, advocacy is ensuring my dignity is maintained, my rights respected and protected and I am empowered to act/speak for myself. People with MS really need someone who is on their side and who acts in their interests. The poor public understanding of the condition and the symptoms of MS, can leave many of us greatly disadvantaged and subject to ill-treatment. Advocacy is a way of transforming situations to ensure I live the life I choose based on my decisions, my health and my happiness.



How we moved forward in Campaigning and Advocacy in 2012:

Access To Treatments

The last number of years has been an exciting time for MS research as many companies endeavour to improve the treatment options for people with MS. Many new therapies are now coming on stream which aims to offer better choice and efficacy. Accessing these therapies is becoming a major concern as economic factors begin to effect clinical decisions.

In 2012 MS Ireland was faced with major access issues with two drugs. The world's first oral disease modifying therapy was refused reimbursement by the HSE despite passing all clinical and pharmacoeconomic guidelines. An important infusion therapy was also unavailable to many as funding restrictions in hospitals tightened.

MS Ireland ran a five month campaign around the issue to create awareness among stakeholders and demand change.

Key features of the campaign included:

- Writing to the Minister for Health, heads of departments in the HSE and allied umbrella groups
- Meetings with various representatives and bodies
- Encouraging our members to write to their local representatives
- Publicity campaign focusing on people with MS and the real meaning of medications
- Provision of information and facts

In August our work paid off and the Government agreed to fund the oral therapy. Work continues on the infusion therapy.

Model of care

The success of our access to treatments campaign got us a seat at the HSE's Neurology Clinical Programme working group for MS. The group is looking at establishing a model of care for MS which will help navigate and plan holistic services for people with MS. MS Ireland is working with the HSE on a care pathway and ensuring the needs of people

with MS are at the forefront through direct consultation.

At the end of 2012 we ran our first focus group for people with MS. The aim of the gathering was to gain feedback from people with MS on the services, supports and resources they feel are important to maintain good health and well-being. Without focusing on who provides services we looked at the needs of people with MS in various stages of their journey with MS.

European Declaration on Tackling MS in Europe

Written Declaration no. 20 on Multiple Sclerosis calls on the member states to enhance equal access to quality care, foresee specialised nursing training and elaborate national registers to better document the impacts of MS. It calls on the Commission and Council to elaborate a research agenda for even more effective treatments.

Through the European Multiple Sclerosis Platform we lobbied our 12 MEPs to sign and support the declaration. (11 Irish MEPs signed it). On the 9th of September the declaration was passed.



Brain Awareness Week

Brain Awareness Week is an opportunity to highlight the experiences and concerns of those living with MS and other neurological conditions in Ireland. In 2012 we ran many local support events around Ireland, contacted TDs about access to treatments and took part in activities with The Neurological Alliance of Ireland.

The highlight of the week was our morning in Leinster



Alexis Donnelly

House when we addressed senators and TDs about neurological care in Ireland. MS Ireland member Alexis Donnelly spoke at the event outlining the importance of neurorehabilitation for him and what improvements are needed so people like him can remain active and valued in Irish Society.

of our activities.



Bridget and Martin Jones

CarersWeek

MS Ireland became an organising partner of National Carers Week, coordinated by Care Alliance this year. The aim of the week is to highlight the valuable yet under recognised role carer's play in our communities. Carers Week 2012 focused on providing local events to carers across the country and a national call for the publication of the national carer's

Many of MS Ireland's regional offices held support and fun events for carers on the day. Trying out therapies, sharing tips and hints and taking a break were the focus

On the 12th of June the Carers Alliance, all the organising organisations and carers themselves gathered in Leinster House to brief elected representatives on the role and importance of carers and the need for a National Carer's Strategy. MS Ireland was honoured that Brigid Jones and Tom Curran spoke about their role as carers and the ups and downs of life that caring for someone with MS brings.

Other advocacy and campaigning work:

- Inaction on the Neurorehabilitation Strategy was a concern for MS Ireland in 2012. We worked with many organisations under the umbrella of NAI to establish a cohesive set of demands. Work on this will launch in 2013.
- The relaxation of legislation around cannabis based medications continued in 2012. An MS drug containing cannabinoid based substances is pushing the government to look at possible solutions.
- Working with allied organisations is a key part of effecting change in Society. In 2012 MS Ireland continued to form new partnerships and develop current ones in order to strengthen our voice on behalf of people with MS.

MS Ireland's teams of Regional Community Workers around Ireland work on an individual basis with people with MS and their families. They assist and advocate for their clients on all manner of local issues like access services, applying for benefits and appealing decisions. This complements the national level campaigning that looks at national policy and schemes that affect people with MS regardless of their location.

To learn more about individual advocacy or national campaigning log onto our website or call us today to get in touch with your local Regional Community Worker.

Highlights

- Continued funding a demyelination project with the University of Ireland Galway. 2012 was the second year of this three year project
- Presented at the Rehabilitation In MS conference in Hamburg on mobility and MS.
- Deepened our knowledge of exercise and physiotherapy interventions through our partnership with the University of Limerick.

Moving forward in

Research

Research

To fund research and disseminate information on national and international research developments in an accessible format.



Dr Una Fitzgerald, National Centre for Biomedical Engineering Science, NUI Galway



If it wasn't for places like MS Ireland funding research we wouldn't be able to get new ideas off the ground. Support from MS Ireland could actually make all the difference for the survival of a research group that's interested in MS. I really can't emphasise enough how important even small amounts of money are to our research.



What We Achieved in Research in 2012:

Funding Research

2012 was the second year of our association with the Joint Funding Scheme from the Medical Charities Research Group (MRCG) and the Health Research Board (HRB). Support from this funding stream allowed us to continue funding a project from NUI Galway.

Polymer-mediated delivery of endoplasmic reticulum stress-altering siRNA to oligodendroyctes in a cerebellar rat brain slice model of de- and remyelination

Dr Una Fitzgerald, National University of Ireland,

Dr. Fitzgerald's team has discovered that there are certain cells in the body that are responsible for demyelination - and that they might be experiencing what scientists call 'cellular stress.' This has led them to focus their efforts on studying endoplasmic reticulum (ER). ER is present in all our cells and make sure that cells function properly. When ER becomes damaged they experience 'ER stress' and release chemical proteins. By studying cell tissues from MS patients, the team has discovered that these ER stress proteins are present at much higher levels in people who have MS.

If a way can be found to prevent ER stress, we may be able to find a way to prevent demyelination - and stop MS in its tracks.

MS and Mobility Research

MS Ireland and Biogen Idec partnered on research in MS and mobility in 2011 and 2012 which looked at the impact of walking impairment on work and quality of life. Results were presented at the rehabilitation in MS conference in Hamburg in March 2012.

University of Limerick

The partnership between MS Ireland and the University of Limerick continues to grow and in 2012 a number of significant UNIVERSITY of LIMERICK developments took place:



- Projects in measuring sensation variance, whole body vibration therapy and bladder dysfunction where undertaken
- Getting The Balance Right research appeared in the acclaimed MS Journal. The paper 'Exercise in the community for people with Multiple Sclerosis – a follow-up of people with minimal gait impairment' was published by Dr Susan Coote and Maria Garrett
- Applications were made to various funds to bolster funding. This included the health Research Board and the Coca Cola Foundation
- Dr Susan Coote was awarded the Research Excellence Award in UL for her tremendous work in physiotherapy and MS. Much of her work is in conjunction with MS Ireland

Atlas of MS

The Atlas of MS is a database run by the Multiple Sclerosis International Federation to analyse and compare various elements of MS across countries and continents. Information and data on the epidemiology of MS and the availability and accessibility of resources to diagnose, inform, treat, support, manage and rehabilitate people with MS worldwide are collected into one resource. In 2012 we updated our data with assistance from the medical community.

Keeping the MS Community Informed

Translating and disseminating information about research developments worldwide is an important part of our work. With the relaunch of our website and input from volunteers we succeeded in producing more content on research both in relation to news and information sheets.

Working with Researchers and Students

Supporting a variety of students and research is an important part of our work as we foster an interest in MS research in all facets. Key pieces of research this year included falls prevention, carers support, safe evacuation and exercise and MS.

Highlights

- Introduction of the integrated model of work between our regional offices and voluntary Branches
- Raising awareness, the issues and funds through our World MS Day activities and events
- 3 Celebrating with the winners of our national awards, recognising the contribution and value of those we work with.

Moving forward in

Organisational Capacity and Profile

To continue developing an efficient and effective organisation that supports our services, staff and volunteers within available resources and to deepen the good reputation of MS within the media, allied organisations and those who use our services.



Margaret Burke, Carlow voluntary Branch and MS Ireland Board member



I've been a volunteer with MS Ireland for 20 years, since I was diagnosed. I've been involved in my local Branch in Carlow and now sit on the board of MS Ireland. I'm privileged to see the wonderful work our staff and volunteers do for people like me. It's such a comfort to know that we have such good people supporting us through difficult times. I think the integrated model is a positive move as I believe the more we work together the better our services become. Not only do we save time and money but we keep focusing on what people with MS need. And that's the most important thing.



How we moved forward in Organisational Capacity and Profile in 2012:

Working Smarter For People with MS

In 2012 MS Ireland faced many challenges and embraced many opportunities to make us a stronger and more viable organisation. The organisational review conducted in 2011 set us on a course of change as we aimed to respond to the feedback of those who use our services. A series of consultative meetings were arranged around the country where voluntary branch members, regional staff and national office staff came together to discuss the way forward and the changes it would bring. The impact of the external environment, working in an integrated way and developing welfare guidelines were a key focus of work in 2012.



Working smarter means connecting our services, pooling our resources and working together.

The impact of the external environment

MS Ireland, like the rest of the country, has had to change and adapt to many financial, legal, cultural and political changes. In our sector there has been the Charities Act and Codes of Fundraising Practices all of which inform how MS Ireland conducts its business. There has been the continued reduction in HSE income and a reduction in fundraised income both of which MS Ireland is heavily dependent upon for survival.

These external factors resulted in a number of significant changes:

- a reduction in staff hours across the organisation,
- a reduction in the opening hours at the Care Centre,
- a commitment to tighter budgets and more reporting on regional and national level of the costs of service delivery,
- a request that the local Branches would contribute 15% of net assets the end of year accounts to support the local deficits

These were difficult decisions to make but were done in the spirit of securing MS Ireland's long term sustainability. These items were discussed and debated at the consultative meetings around the country.

Developing a framework for working in a more integrated way

The integrated framework was a response to organisational review where is was evident that there was a desire from all groups to work more collaboratively. It was suggested that the physical, human and financial resources could be used in a smarter way by working together more. A new way of working was devised whereby regional staff and voluntary Branches would meet more frequently and come together and plan services in a more integrated way. These regional meetings commenced in 2012. It was also hoped that this mechanism would also operate as a better way of communicating between the voluntary branches, regional offices and national office.

Developing Welfare regulations

Direct financial assistance was a key service identified in the organisational review. In 2012 we reviewed our welfare system which is operated by our voluntary Branches. Questionnaires were circulated to all voluntary branches and regional staff and follow up consultation followed. Current procedures were revised and new welfare regulations and an application form for Welfare was developed.

The purpose of this process was to ensure that processing of welfare requests would be conducted In a uniform way whilst being cognisant of legislation like the Data Protection Act and the Freedom of Information Act. The regulations were circulated in the Autumn of 2012 with a formal commencement time of Jan 2013.

How we moved forward in Organisational Capacity and Profile in 2012:

National Meeting 2012

In September we brought together members from all our voluntary Branches to discuss the integrated model and particular areas of governance. The day focused on volunteerism and fundraising, particularly around the Charities Act and how practices needs to change to comply with legislation. The meeting also played host to the national AGM, the election of a Council delegate to the Board and the presentation of our national awards.

National Awards

Our national awards are a way of recognising the contribution the MS community makes in towns and villages across Ireland. Each year volunteers and staff nominate those who make a difference in their own lives and the lives of others.

Marcie Collier from Balbriggan was presented with the 2012 MS Person of the Year award.

Paddy Garvey from Leitrim was announced as the 2012 Volunteer of the Year.



Norah Saville from Mayo was presented with the 2012 MS Carer of the Year award.

Vodafone World of Difference Award

Each year the Vodafone Foundation supports five Irish professionals to work with a charity of their choice for a year. In 2012 MS Ireland Board member, volunteer and person with MS, Emma Rogan was selected as an awardee, beating over 500 people in the process. Emma will work with MS Ireland for a year as an Information and Policy Officer and will focus on developing MS Ireland's advocacy work and information tools.



Emma Rogan, Vodafone World of Difference Award winner

Corporate Services

Information and Communication Technology (ICT) 2012 saw great in-roads in the customisation of Salesforce in achieving an accurate, unified database for the organisation.

There were significant developments in cleansing and streamlining our data as well as migrating many of our legacy databases onto a common platform.

Humans Resource Management

- Recruitment during 2012 concentrated on replacing necessary unfilled or retiring posts.
- Reducing financial resources necessitated a number of staff redundancies in 2012 along with a continuance of a pay freeze and reduced working arrangements. As always we are extremely grateful to all our staff for their overall commitment and continued good will and understanding in this regard.
- Internships: MS Ireland availed of a number of Interns across the organisation which proved to be cost effective whilst making a significant contribution to our work.
- Company Pension Scheme: 2012 saw the stepping down of Mr Allen O' Connor and Mr. Brian Farrell as Board representatives on the Trustee Committee of the company's pension scheme.
 We thank them both for their insight and efforts during their tenure. We welcome Mr. Paddy Stronge and Dr. Kilian Smith as the new Board appointed trustees.

World MS Day

World MS Day took place on Wednesday 30th May with the theme, '8,000 Faces of MS: Lets Face It Together.' The three aims of the day were to raise awareness, raise the issues and raise funds for services to people with MS.



Key activities this year were:

- Contribute to a new publication 'Letters To My Newly Diagnosed Self' which asked 'If you were asked to write a letter to yourself today, to be read on the day you where first diagnosed, what would you say?'
- Write to your local TD about Gilenya and Tysabri, two drugs that are not adequately funded by the HSE
- Attend a local event in your area to meet people with MS, learn about local services and find out about volunteering
- Support services in your local area by organising a collection, running your own event or by taking part in our McVitie's Digestive Tea Party.

Publicity

Creating awareness of MS in the media is an important part of our work as we aim to educate people about MS and make them aware of the services



we provide and how they can support those services. In 2012 we had a piece on RTE's Winning Streak which showcased the work MS Care Centre and our regional services. On radio we had a significant feature on The Tubridy Show regarding young people with MS and forming and maintaining relationships. Access to treatments including disease modifying therapies and Sativex a cannabis based drug, were key topics for print media in 2012.

The MS READaTHON, World MS Day our Skydive and many of our other fundraisers appeared in national and regional media throughout 2012.

Membership

MS Ireland's membership stood at 4670 at the end of 2012. As many people use our services without being a member we know that the number we work with year-to-year is higher than this. In 2012 the board of MS Ireland began to look at membership in terms of benefits and costs. It is expected that a new membership structure will be introduced in 2013.

Partnerships

In MS Ireland we believe that working in partnership is an essential part of changing and developing services and practices internally and externally. It is by pooling together the passion, talents and resources of the many that we can achieve what we do for people with MS.

Significant partnerships in 2012:

- The HSE and other state bodies such as FÁS and Pobal, regarding funding
- The University of Limerick, the National University of Ireland Galway, the Medical Charities Research Group and Health Research Board regarding research and professional information
- The Neurological Alliance of Ireland regarding the campaign for neurological care, neurorehabilitation and Brain Awareness Week.
- The European Multiple Sclerosis Platform (EMSP) and the Multiple Sclerosis International Federation (MSIF) in the areas of policy, common goal-setting and governance. Throughout 2012 former MS Ireland chief executive Anne Winslow was Vice President of EMSP.
- The DFI in the areas of health sector cuts, governance, rehabilitation and neurological funding. Care Alliance in the recognition of the role of carers and the provision of appropriate policy. The Irish Platform for Patient Organisations, Science and Industry (IPPOSI) in the area of healthcare reform, access to treatments and capacity building.
- Each of the six pharmaceutical companies; Bayer Healthcare, Biogen Idec, Merck Serono, Novartis, TEVA and Genzyme regarding funding and educational projects and activities.

Highlights

- €592,000 was raised on our MS READaTHON by 17,000 readers from 514 schools, 320 libraries and 160 bookshops across the country.
- The McVitie's Digestive
 Tea Party campaign
 was supported by
 chef and author
 Clodagh McKenna
- We introduced an MS
 Ireland emblem based
 on the two birds from
 our logo which signify
 freedom and hope

Moving forward in

Funding the Strategy

To source, fundraise and effectively manage our financial resources to fund the services and activities of the organisation.



Paddy Stronge, Vice-Chairman, MS Ireland



I've a personal connection to MS so for me ensuring the financially stability of MS Ireland is more than making the most of fundraising, working with funders, balancing the books or being transparent and accountable. Yes, it is all those things and more, but for me its about ensuring we can provide the right services at the right time for people with MS and their families. Its about being there when people need us most.





TV Presenter Lorraine Keane gives children their marching orders to read



The O'Regan family from Clonmel get loaded down with books from comedians Fred Cooke and Maeve Higgins and TV presenter Laura Woods.

MS READaTHON

In 2012, more than 17,000 readers from 514 schools, 320 libraries and 160 bookshops participated in our sponsored read. They read over half a million books and raised over €592,000 for vital services and support to people with MS.

Comedians Fred Cooke and Maeve Higgins, and presenters Lorraine Keane, Laura Woods and Aidan Power launched the MS READaTHON at the Wax Museum. A host of Authors also supported the campaign as well as the O'Regan Family, the focus of 'My Mum Has MS' story and videos.

This was the second year of our Schools Ambassador programme where nearly 100 people with MS visited schools in their local communities. The Ambassadors spoke about what MS is like for them and encouraged the children to do the MS READaTHON to raise money for services. The programme was again a great success and we would like to thank all our Ambassadors and co-ordinators for helping to give people an insight into what MS is like and how the money raised in the MS READaTHON is used.



Students from Athleague National School, Co. Roscommon who took part in the MS READaTHON 2012 raised a whooping €630!!

Treks

We had three treks this year. Almost 140 people headed to the Bere Peninsula, the Camino de Santiago and Borneo to discover new destinations, meet new friends, overcome new challenges and raise funds for MS Ireland. 2012 was the first year we introduced an Irish challenge to our events calendar.

Marathons



Hundreds of ladies took to the streets for MS Ireland in the Women's Mini Marathon

Over 250 women took to the streets in June for the Flora Women's Mini Marathon and ran, walked and crawled to the finish line for MS Ireland. 10 serious runners took part in the Dublin City Marathon in October and countless others completed various other marathons, races, cycles, triathlons and Ironman competitions.

Skydive

MS Ireland's first national Skydive day took place in October in the Irish Parachute Centre in Offaly. Nearly 100 people jumped to a safe landing having raised money for their local communities.



TV3 Weatherman Deric Hartigan took to the skies for MS Ireland in 2012



Chef and author Clodagh McKenna encouraged people to hold McVitie's Digestive Tea Parties in the home, community or workplace. Bucket collections and other fundraisers were heal across Ireland

World MS Day and McVitie's Digestives Teaparty

We had many information, research and support events taking place over World MS Day but we also had lots of local fundraisers. Regional staff, voluntary branches and friends of MS Ireland around the country organised local events and activities to raise money for local services.

On World MS Day 2012 People across Ireland were shaking buckets, selling pins and we also ask people to hold a McVities Digestives Teaparty in their homes, communities or workplaces. McVitie's once again supported this event.

· Friends of the MS Care Centre Appeal

In 2012 we continued to raise funds through our Friends of the Care Centre Capital Appeal to refurbish and upgrade the Care Centre building. We again ran a number of successful events and activities which included our second corporate lunch in the Four Seasons Hotel in May. A sumptuous meal, guest speaker, raffle and auction was enjoyed by over 150 people. MS Ireland would like to thank the Care Centre Lunch Committee.





Rugby star Jerry Flannery attended the corporate lunch and boxing sensation Katie Taylor donated gloves to be auctioned.

Other highlights:

- MS Ireland launched the Pins appeal, members had sought the organisation to provide an emblem that they could use to sell at branch level.
- Our objective to develop mutually beneficial relationships with companies was met with several new partners on board for 2012. MS Ireland was nominated as Charity of the year partner for Intel Ireland and Energia.



Staff from Energia take to the streets to get fir and raise money for MS Ireland

- MS Ireland was nominated to be the partner charity for the Culwick Choral Society's performance of Handel's Messiah in St Patrick Cathedral
- We were also nominated as Charity partner for the Eireball Run 2012, a week long sponsored drive. Each year a challenging route is set and a convoy of classic Volkswagens winds its way around the island of Ireland.
- We continued our successful affinity programmes with Bewleys Hotels, Red Corner Money and Dolly Recycling.
 Our established partnership with Arundel Vending machines continued to be a steady source of income and Ger Breslin of jEEjEWELLERY came on board to support MS Ireland through the sale of one of her pieces.



Chief Executive Ava Battles and designer Ger Breslin who created a specially designed piece for MS Ireland.



Anne Marie McDaid, Paraolympian

- The national raffle was run through April, May and June with lucky winners from Clare, Tipperary, Mayo, Louth, Wexford, Dublin and Donegal scooping prizes.
- Best Will in the World Week took place in October, encouraging people to leave charitable legacies in their will.
- Paralympics rowing star and person with MS, Anne Marie
 McDaid encouraged companies to "Go for Gold" and support
 our Reach for a Star Christmas campaign. Thanks to all the
 companies who once again showed their support for our
 services.

Promoting Best Practice

In 2012 MS Ireland signed up to the Statement of Guiding Principles for Fundraising. The principles set out codes of good practice on the operational and administrative aspects of fundraising by charities. MS Ireland believes strongly in the principles and is committed to implementing them to ensure those who support us feel their money is being used appropriately and that MS Ireland is above reproach on all financial matters.



Thank you to all our supporters for the generosity of spirit and pocket. We would not be able to support families living with MS without you.

Governance

MS Ireland is the only national organisation working for people and families living with MS. It is a limited company with charitable status. It is governed by a Board of Directors, which is accountable for the financial dealings and overall execution of the Society's vision. MS Ireland's structure enables it to develop as an organisation that continuously meets the needs of the MS community in a professional and accountable manner.

The Board

MS Ireland is governed by a board of 12 voluntary members. These members have a wide range of experience and skills. Some have MS themselves or have family members with MS. Others have long careers in business, social services and other areas. The Board promotes the vision and aims of the Society and charges the Chief Executive to meet these aims through the various departments, services and resources of the Society.

In 2011, the Board met six times. Significant work was carried out in the areas of finance and funding, governance and strategy.

The Council

MS Ireland's Council is a representative body of the Voluntary Branch network. It encourages communication on a range of issues and enhances co-operation between all structures of the Society. In 2012 the Council met twice.

All Branches are represented on the Council. Three Council members are elected by Council representatives and sit on the Board of Directors.

Management and Staff

The management and staff carry out the day-to-day activities of the Society through various services, departments and facilities. These are directed by the Senior Management Team, headed by the Chief Executive.

82 people work for MS Ireland on a permanent basis in a number of locations around Ireland. A further 42 people work with MS Ireland in a number of community employment projects operated by FAS. MS Ireland's work is supported by committed volunteers around the country.

Senior Management Team:

Chief Executive:	Ms Ava Battles
Financial Accountant:	Ms Memory Chipere
Services Manager:	Ms Olga Estridge
Services Development Manager:	Mr Aidan Larkin
Corporate Services Manager:	Mr David Allen
Communications Manager:	Ms Taragh Donohoe
	

2011/2012 Board members:

Mr Allen O'Connor	Mr Manfred Huschka
Chairman	Deputy Chairman
Mr Brian Barrett	Ms Maureen Feeney
Ms Margaret Burke	Prof Michael Hutchinson
Mr Joe Cahill	Ms Lorna Mitchell
Dr Susan Coote	Mr Sean Murphy
Mr Barney Cunningham	Ms Emma Rogan
Dr Gemma Donnelly-Cox	Mr Kilian Smith
Mr Brian Farrell	Mr Paddy Stronge

2012/2013 Board members:

Mr Manfred Huschka	Mr Paddy Stronge
Chairman	Deputy Chairman
Ms. Margaret Burke	Ms. Lorna Mitchell
Mr. Joe Cahill	Mr. Mark Mitchell
Dr. Susan Coote	Mr. Sean Murphy
Ms. Dara Deering	Ms. Emma Rogan*
Mr. Bryan Harty	Dr. Kilian Smith

^{*}Emma Rogan resigned as a board member in November 2012.

Board Committees

A number of committees are appointed by the Board to aid in the internal workings of the Society. Each committee is made up of Board members who have particular interests, experience and knowledge.

1.	Finance, Audit and Risk Committee Chairman: Martin Nolan
2.	Health Care Advisory and Research Committee Chairman: Professor Michael Hutchinson
3.	Nominating Committee Chairman: Manfred Huschka
4.	Organisational Development Committee Chairman: Paddy Stronge
5.	Remuneration Committee Chairman: Manfred Huschka
6.	Services Monitoring & Evaluation Committee Chairman: Bryan Harty

As the need arose, a number of staff and external professionals were asked to sit on these committees.

The Finance, Audit & Risk Committee is established by the Board of MS Ireland for the better governance of the Society. The committee ensures that effective systems, financial controls and procedures are in place and functioning to enable the Society to operate in an orderly and efficient manner. The committee concern themselves with issues such as compliance, budgeting, value for money, investments, auditing, welfare regulation and risk.

Branches in 2012

4.11	
1. Athlone	21. Laois
2. Ballina	22. Leitrim
3. Bandon/Kinsale	23. Limerick
4. Carlow	24. Limerick West
5. Cavan	25. Louth
6. Clare	26. Longford
7. Cork City	27. Mayo South
8. Cork North West	28. Meath
9. Donegal	29. Monaghan
10. Dublin North	30. Mullingar
11. Dublin South	31. Offaly
12. Dublin West	32. Roscommon
13. Dungarvan/Sth Tipp	33. Cork West
14. East Wicklow	34. Tipperary
15. Fermoy	35. Tralee
16. Galway	36. Tuam
17. Kerry North	37. Waterford
18. Kerry South	38. Wexford North
19. Kildare	39. Wexford South
20. Kilkenny	

The Governance Code

The Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland was published in 2012. Governance refers to how an organisation is run, directed and controlled.

Good governance means an organisation will design and put in place policies and procedures that will make sure the organisation runs effectively. MS Ireland is currently adopting the code as we believe that good governance makes us an accountable, transparent and responsible organisation. We want all our donors, fundraisers and supporters to clearly see how we administer their generous contributions and how we use that money to provide services.

One of the requirements in the code is the publication of attendance at our Board meetings and sub-committee meetings. On the next page you will find the list of meetings and board members attendance.

Directors Attendance at Board Meetings 2012

Meeting Dates		28-Jan	24-Mar	26-May	14-Jul	29 - Sep	29 Sept - 2nd Mtg	01-Dec-12
Manfred	Huschka (Chairman)	V	V	√	Х	V	V	Х
Margaret	Burke	V	V	√	V	V	V	√
Joe	Cahill	V	V	Х	V	Х	Х	√
Susan	Coote	Х	V	Х	V	V	V	√
Barney	Cunningham	V	V	Х	V	Х	N/A	N/A
Dara	Deering	N/A	N/A	N/A	N/A	N/A	V	√
Maureen	Feeney	V	V	√	V	V	N/A	N/A
Bryan	Harty	N/A	N/A	N/A	N/A	N/A	V	√
Ciara	Kelly	Х	N/A	N/A	N/A	N/A	N/A	N/A
Lorna	Mitchell	V	V	√	V	Х	Х	√
Mark	Mitchell	N/A	N/A	N/A	N/A	N/A	V	V
Sean	Murphy	V	V	Х	V	V	V	V
Emma	Rogan	V	V	√	Х	V	V	N/A
Kilian	Smith	V	Х	V	V	V	V	Х
Paddy	Stronge (Deputy Chairman)	V	V	Х	V	V	√	V

Finance Audit & Risk

*N/A - The Board members were not members on that date

Meeting Dates		28-Jan	24-Mar	26-May	06-Jul	14-Jul	29-Sep	09-Nov	01-Dec-12
Martin	Nolan*	√	√	√	√	V	V	√	V
Brian	Farrell*	√	√	✓	✓	✓	Х	V	√
Manfred	Huschka	V	√	V	√	√	V	Х	Х
Lorna	Mitchell	V	V	V	Х	Х	√	√	√
Sean	Murphy	V	V	Х	√	V	V	V	V
Allen	O'Connor*	Х	Х	Х	√	N/A	V	V	V
Paddy	Stronge	√	√	Х	√	V	V	√	V

The Finance Audit & Risk Committee was formerly known as Finance Sub-Committee in 2012

Strategy and Policy Committee Structural Committee

Meeting Dates		02-May	13-Sep 12
Kilian	Smith	V	√
Brian	Farrell*	V	X
Margaret	Burke	V	√
Joe	Cahill	V	Х
Gemma	Donnelly Cox*	Х	Х
Paul	Hogan*	X	Х
Manfred	Huschka	X	√
Sean	Murphy	Х	Х
Emma	Rogan	Х	V

Renumeration Committee

Meeting Dates			
Manfred	Huschka	√	√
Paddy	Stronge	V	Х

Meeting Dates		09-May	31-May 12
Joe	Cahill	√	√
Barney	Cunningham	X	Х
Maureen	Feeney	√	√
Paul	Hogan	X	V
Sean	Murphy	√	Х
Kilian	Smith	V	√

Nominating Committee

Meeting Dates		26-May	11-July 12
Manfred	Huschka	√	√
Mary	Kirk Allen*	√	V
Paul	Hogan*	✓	Tech
WIlliam	Lonergan*	V	Х
Allen	O'Connor*	√	V
Emma	Rogan	√	V
Louise	Wardell	√	Х

The tasks of the Strategy and Policy Committee and the Structural Committee were taken over by the Organisational Development Committee. The Organisational Development Committee was formed in September 2012. Medical Advisory and Research Committee Medical Advisory and Research Committee was renamed and is now known as Health Care Advisory and Research Committee. The Committee did not meet in 2012 as funding new projects has been suspended for the present.

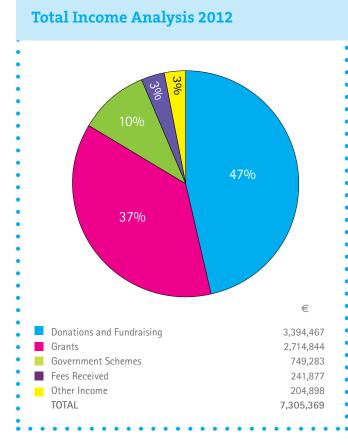
√: In Attendance

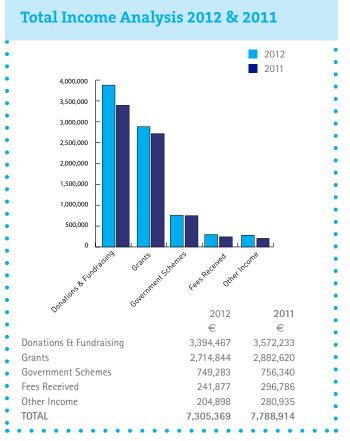
X: Absent

N/A: Not a Committee member on that date

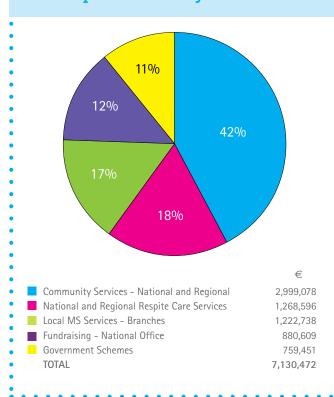
Tech: Technical difficulties with teleconferencing

Income and Expenditure Overview

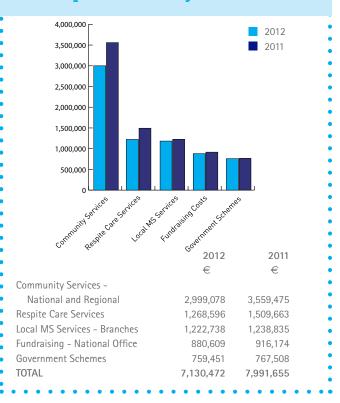




Total Expenditure Analysis 2012



Total Expenditure Analysis 2012 & 2011





FOR THE YEAR ENDED
31 DECEMBER 2012

The Multiple Sclerosis Society of Ireland

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2012

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The Multiple Sclerosis Society of Ireland

DIRECTORS AND OTHER INFORMATION (CONTINUED)

Directors and Other Information

	•
BOARD OF DIRECTORS	Manfred Huschka (Chairman) Patrick Stronge (Deputy Chairman) Margaret Burke Joe Cahill Dr Susan Coote Dara Deering Bryan Harty Mark Mitchell Lorna Mitchell Sean Murphy Dr Kilian Smith Frederick Harty
CHIEF EXECUTIVE & COMPANY SECRETARY	Ava Battles
HONORARY LIFE MEMBERS	Paul Hogan William Lonergan Allen O'Connor
FINANCE, AUDIT & RISK COMMITTEE	Martin Nolan (Chairman) Brian Farrell Manfred Huschka Lorna Mitchell Sean Murphy Allen O'Connor Patrick Stronge Conor Woods Memory Chipere (in attendance) Ava Battles (in attendance)

The Multiple Sclerosis Society of Ireland

DIRECTORS AND OTHER INFORMATION (CONTINUED)

AUDITORS	Deloitte & Touche Chartered Accountants and Statutory Audit Firm Deloitte & Touche House Earlsfort Terrace Dublin 2
PRINCIPAL BANKERS	Bank of Ireland College Green Dublin 2
SOLICITORS	Joynt & Crawford 8 Anglesea Street Dublin 2
REGISTERED OFFICE	80 Northumberland Road Dublin 4
CHARITY NUMBER	CHY 5365
DATE OF INCORPORATION	8th October 1999
YEAR THE SOCIETY WAS FOUNDED	1961

DIRECTORS' REPORT

The Directors present their annual report and the audited consolidated financial statements for the year ended 31 December 2012.

In this report the Directors of The Multiple Sclerosis Society of Ireland ("MS Ireland") present its activities, governance, achievements and finances for the year ended 31 December 2012.

THE MULTIPLE SCLEROSIS SOCIETY OF IRELAND MISSION AND OBJECTIVES

Mission Statement

"to enable and empower those affected by MS to live the life of their choice to their fullest potential".

- To facilitate People with MS (hereinafter referred to as "PwMS") to control their lives and environment, to live with dignity and participate in the community;
- To provide support for the families and carers of PwMS;
- To co-operate with the medical, scientific, social and caring professions to promote scientific research into the causes of, cure for and management of MS, and the alleviation of medical and social symptoms;
- To exchange and disseminate information relating to MS;
- To provide an identifiable focal point by developing an efficient, effective and caring organisation to serve the needs of People affected by MS (hereinafter referred to as "PaMS").

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Board

The Society is directed by a voluntary Board of 12 members, which comprises people with varied backgrounds, some with MS. Its function is to provide leadership, develop strategy, formulate effective policies and oversee their implementation, ensure good governance and financial control. The Board is provided with regular financial and operational information.

Detailed budgets are prepared in line with the Strategic Plan (2012 – 2014) and are reviewed by the Finance Audit & Risk Committee and further reviewed and approved by the Board. Actual results and outcomes are compared against the budget to ensure alignment with the Plan and to maintain tight budgetary control and value for money.

Governance of MS Ireland is conducted in accordance with its Memorandum and Articles of Association, which were adopted in November 1998 and amended up to and including 18th June 2005.

The Branches, Council and Committees

The structure of the Council has changed in parallel with the introduction of the Integrated Regional / Branch meetings. The Council is the consultative body that represents the views of the 39 Branches around the country. The Council provides a direct link between members, Branches and the Board. The voluntary branches fundraise for and provide local services and programmes. The following committees are appointed by the Board to aid in the internal workings of the Society.

- 1. Nominating Committee
- 2. Organisational Development Committee
- 3. Remuneration Committee
- 4. Services Monitoring & Evaluation Committee
- 5. Finance, Audit and Risk Committee
- 6. Healthcare Advisory & Research Committee

DIRECTORS' REPORT (CONTINUED)

Management

The Chief Executive, to whom day to day management of the charity is delegated, leads a team of 82 employees working throughout the National Office, the MS Care Centre and 10 regional offices, plus an additional 42 Community Employment workers employed with the support of FÁS.

National Office is the base for the overall administrative and support services of the Society, including Finance, IT, HR, Communications and the MS Information Line. Regional offices provide services to PwMS, PaMS and support to the network of branches throughout the country. Service development and operations currently sit within the remit of the Chief Executive & Services Manager.

The Board of MS Ireland met on 6 occasions during the year. Six Committees assisted with the work of the Board during 2012.

REVIEW OF ACTIVITIES

The principal activities of the Society in 2012 included:

- The provision of support, community rehabilitation (including physic and physical exercise), health promotion, coping strategies and well being services to PwMS and their families on a regional basis through a development programme (community development work) and individual and family support work (casework and counselling).
- The provision of information and advice, individually and in groups to PwMS & health professionals through regional outlets, website and the MS Information Line telephone 1850 233 233.
- The provision of respite care, MS Nurse specialism and therapy services in the 12 bed MS Care Centre.
- Our MS Care Centre appeal raises funds to make the necessary repairs to our Care Centre so that we can continue to
 provide respite and care for PwMS. Fundraising activities under the appeal include The Friends of the Care Centre Lunch,
 the Easter Egg raffle etc.
- The Care Centre in 2011 received international accreditation from CHKS (Comparative Health Knowledge System). In 2012 we submitted a post accreditation survey and in 2014 we will renew our accreditation.
- The organisation began implementing the recommendations of the Organisational Review, which prioritised its activities in light of diminished State and fundraised income. The outcome of the Review was incorporated into our Strategic Plan for 2012 2014.
- The provision of welfare and financial assistance services through branches.
- Branch services including support groups, social activities, therapies and welfare supported by voluntary fundraising locally.
- Issues/concerns affecting PwMS and their carers individually and collectively were presented on an on-going basis in submissions to Government/State agencies and in public awareness campaigns.
- Partnership with the University of Limerick has led to further research projects being undertaken by the students at the University.

DIRECTORS' REPORT (CONTINUED)

REVIEW OF ACTIVITIES (CONTINUED)

- MS Ireland actively participated in European and international MS fora.
- MS Ireland participated at a national level on the Board of the Neurological Alliance of Ireland.
- Major fundraising activities included the MS Readathon, the MS raffle and we hosted walks to the Camino de Santiago in Spain, the Malaysian island of Borneo and the Beara Peninsula in West Cork
- World MS Day 2012 was used to raise awareness of MS and issues affecting PwMS and their families.

A more detailed review of the Society's activities is included in the first part of this report.

MAJOR RISKS FACING THE SOCIETY

The Board are responsible for ensuring that the major risks facing the Society are appropriately managed. This is a continuous process reflecting the changing priorities and circumstances facing the Society. During the year the major risks facing the Society as defined by the Board and the management team have been reviewed and their potential impact assessed. In particular, cost cutting measures were applied across all areas of expenditure to reflect the decrease in state funding and the uncertainty of fundraising income. Strategies and controls aimed at managing risks appropriately have been agreed, many of which are already in place and effective; others are being developed further especially with regard to uncertainty around income. In many cases the control processes are subject to continuous improvement. Given the objectives of the Society, and the nature of the activities by which it furthers them, some of the risks have to be accepted: it is not possible for the Society to eliminate them. However, appropriate steps have been taken to mitigate them where possible.

FUTURE DEVELOPMENTS

In 2013 we will continue to work towards the achievement of our goals and objectives. The Board of MS Ireland is committed to building a Society which is integrated, effective, outcome-driven and accountable.

The Strategic Plan for 2012 - 2014 is being implemented by the Board and we are working towards the achievement of the objectives outlined in the Plan. The Plan follows a sequence from the general or fundamental objectives of the organisation to the specific (the programmes and activities to be implemented over the three years), covering the organisation's mission statement, vision, goals and strategies along the way. Department/regional/ individual plans have been prepared for the different divisions of the organisation, staff and volunteers.

The key goals are as follows:

- To provide appropriate quality nationwide services based on individual and family needs.
- To provide timely, accurate, sensitive and accessible information to people who use our services and educational activities for health professionals.
- To fund research and dissemination of national and international research developments in an accessible format.
- To represent the views and concerns of service users at a local, national and international level.
- To continue developing an efficient and effective organization that supports our services, staff and volunteers within available resources.
- To source, fundraise and effectively manage our financial resources to fund the services and activities of the organisation.

DIRECTORS' REPORT (CONTINUED)

FUTURE DEVELOPMENTS (CONTINUED)

In 2013 we will:

- Continue to implement the Strategic Plan 2012 2014.
- Rollout the integrated model which involves National Office, the Regional Offices and Branches working in a co-ordinated way.
- Review and develop our suite of services provided by professionals and volunteers.
- Commence Branch training.
- Continue to develop our assessment programme at the Care Centre.
- Continue to develop and enhance the role of the MS specialist nurses at the Care Centre.
- Continue to develop our role of support and professional development to health and personal social service professionals.
- Increase the promotion of the work of MS Ireland and highlight the needs of PwMS through representations, communication and P.R.
- Develop MS Ireland's proactive position in the neurological pathway.
- Review and increase our fundraising efforts.
- Continue to work on adopting the Code of Governance and finalise the adoption of the Guiding Principles of Fundraising.

FINANCIAL REVIEW

The consolidated results for the year are set out on page 13.

Incoming resources

Income totalled €7,305,369 which represents a decrease of €483,545 (6%) on 2011.

Resources expended

During the year €7,130,472 was spent on the provision of services to PwMS, reflecting a decrease of 11% on prior year. This decrease in expenditure directly impacted on the quality of life for PwMS and their carers.

Financial position at the end of the year

The fund balances totalled €7,417,200 at the end of the year.

DIRECTORS AND SECRETARY

The present membership of the Board is set out on page 2 under the heading Board of Directors.

Bernard Cunningham and Maureen Feeney resigned as directors on 29 September 2012. Dara Deering, Mark Mitchell and Frederick Harty were appointed as directors on 29 September 2012.

Emma Rogan resigned as a director on 6 November 2012.

DIRECTORS' REPORT (CONTINUED)

SUBSIDIARY UNDERTAKINGS

The information required by the Companies Act, 1963 in relation to subsidiary undertakings is presented in Note 6 to the financial statements.

BOOKS OF ACCOUNT

To ensure that proper books and accounting records are kept in accordance with Section 202 of the Companies Act, 1990, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The books of account are located at 80 Northumberland Road, Dublin 4.

AUDITORS

The auditors, Deloitte & Touche, Chartered Accountants, continue in office in accordance with Section 160 (2) of the Companies Act, 1963.

Signed on behalf of the Board:	
Manfred Huschka	Dara Deering
Director	Director

Date: 13th July 2013

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Irish company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and the group and of the profit or loss of the group for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies for the Group and the Parent Company Financial Statements and then apply them consistently:
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and comply with Irish statute comprising the Companies Acts, 1963 to 2012. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website.

Independent Auditors' Report to the Members of The Multiple Sclerosis Society of Ireland

We have audited the financial statements of The Multiple Sclerosis Society of Ireland for the year ended 31 December 2012 which comprise the Consolidated Statement of Financial Activities, the Consolidated Balance Sheet, the Company Balance Sheet, the Consolidated Cashflow Statement, the Statement of Accounting Policies and the related notes 1 to 20. The financial reporting framework that has been applied in their preparation is applicable Irish law and accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Reports and Consolidated Financial Statements for the year ended 31 December 2012 to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the group's and the company's affairs as at 31 December 2012 and of the group's net incoming resources for the year then ended; and
- have been properly prepared in accordance with the Companies Acts, 1963 to 2012.

Matters on which we are required to report by the Companies Acts, 1963 to 2012

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion proper books of account have been kept by the company.
- The company's balance sheet is in agreement with the books of account.
- In our opinion the information given in the directors' report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Acts, 1963 to 2012 which require us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by law are not made.

Marguerite Larkin	Date: 13 Ju	ly 2013
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For and on behalf of Deloitte & Touche, Chartered Accountants and Statutory Audit Firm, Dublin.

STATEMENT OF ACCOUNTING POLICIES

BASIS OF PREPARATION

The financial statements are prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Acts, 1963 to 2012 and under the historical cost convention. The financial statements have also been prepared in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (Revised 2005)".

BASIS OF CONSOLIDATION

The consolidated financial statements include the financial statements of The Multiple Sclerosis Society of Ireland (the parent undertaking) and its subsidiary undertakings, The Multiple Sclerosis C.E.P. Company Limited and MS Ireland Housing Association Limited. Transactions between the national office, branches, MS care centre (including The Multiple Sclerosis C.E.P. Company Limited) and MS Ireland Housing Association Limited have been eliminated.

INCOMING RESOURCES

All income is accounted for when the Society has entitlement, there is certainty of receipt and the amount is measurable.

Grants from statutory bodies are credited to income in the year to which they relate.

Member subscriptions are taken to revenue in the year in which they are received.

Gifts of assets are included in income at a reasonable estimate of their value, at the date received. These assets are treated as either tangible fixed assets or current assets depending on whether the gift is to be disposed of or retained for use by the Group. Gifts for fundraising purposes are accounted for when realised.

DEFERRED INCOME AND EXPENDITURE

Funds received and expenditure incurred by the Group for fundraising events to be held in the future are treated as deferred income and expenditure.

STOCKS

Stocks, which comprise fundraising materials, are stated at the lower of cost and net realisable value.

FIXED ASSETS AND DEPRECIATION

Fixed assets are recorded at cost less accumulated depreciation.

Depreciation is provided at rates calculated to write off the cost of the assets over their estimated useful lives. The rates and methods of depreciation are as follows:-

Freehold Premises 2% straight line
Office Equipment 10% reducing balance
Computer Equipment 33% straight line
Furniture and Fittings 20% straight line
Branch Members' Equipment 10% reducing balance
Motor Vehicles/Mobile Homes 20% reducing balance

STATEMENT OF ACCOUNTING POLICIES (CONTINUED)

GRANTS

Where the grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors. Capital grants are accounted for as income as soon as they are receivable.

LEASED ASSETS

All leases entered into by the Group are operating leases. Operating lease costs are charged to the Statement of Financial Activities in the period to which they relate.

PENSION COSTS

The company operates a defined contribution pension scheme. Retirement benefits to employees of the Group are funded by contributions from the Group and the employees. Payments are made to pension trusts which are financially separate from the Group. These payments, which are made in accordance with periodic calculations by consulting actuaries, are charged in the Statement of Financial Activities in the period in which they become payable.

RESEARCH

Expenditure on research projects is charged to the Statement of Financial Activities as incurred.

FUND ACCOUNTING

The following are the categories of funds maintained:

Restricted funds:

Restricted funds represent grants, donations and legacies which can only be used for the particular purposes specified by the donors. Such purposes are within the overall objectives of the Group.

Unrestricted funds:

General funds represent amounts which are expendable at the discretion of the National Executive Committee, in furtherance of the objectives of the Group.

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2012

		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		2012 €	2012 €	2012 €	2011 €
No	otes	E	E	E	E
NCOMING RESOURCES	, tes				
ncoming resources from enerated funds:					
oluntary Income					
Donations and fundraising		2,868,643	79,600	2,948,243	3,266,911
Legacies		424,919	-	424,919	217,554
Research		-	21,305	21,305	22,055
Subscriptions		3,190	-	3,190	7,701
activities for generating funds					
Trading		-	-	-	65,712
ncoming resources from					
haritable activities		044.077		0.44.077	000 700
Fees received		241,877	-	241,877	296,786
Grants and other service contract income	3	-	2,714,844	2,714,844	2,882,620
Government schemes		-	749,283	749,283	756,340
Other income		35,491	166,217	201,708	273,235
otal incoming resources	1	3,574,120	3,731,249	7,305,369	7,788,914
ESOURCES EXPENDED					
osts of generating funds					
Costs of generating voluntary income					
Fundraising		964,923	18,513	983,436	965,941
haritable activities					
Community services		899,327	2,026,395	2,925,722	3,478,536
Respite care services		386,764	881,832	1,268,596	1,509,663
Research		20,910	21,305	42,215	46,737
Government schemes		10,168	749,283	759,451	767,508
Local MS services		1,087,450	3,040	1,090,490	1,099,383
Other resources expended					
Trading		-	-	-	59,041
Governance costs		60,562	-	60,562	64,846
otal resources expended	1	3,430,104	3,700,368	7,130,472	7,991,655
Net incoming / (outgoing) resources 2	2/12	144,016	30,881	174,897	(202,741)
All gains and losses arose from continuing ac					
rior year. The financial statements were app Nanfred Huschka	proved by	the Board of Director Dara Deering	rs on 13 July 2013	and signed on	its behalf by:
Director					

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2012

5 7 8 9	13,744 420,301 5,508 3,598,491 4,038,044 (820,535) 3,217,509 9,848,381	9,611 704,313 5,508 3,242,517 3,961,949 (949,510)
7 8 9	13,744 420,301 5,508 3,598,491 4,038,044 (820,535) 3,217,509	9,611 704,313 5,508 3,242,517 3,961,949 (949,510)
8 9 10	420,301 5,508 3,598,491 4,038,044 (820,535) 3,217,509	704,313 5,508 3,242,517 3,961,949 (949,510) 3,012,439
8 9 10	420,301 5,508 3,598,491 4,038,044 (820,535) 3,217,509	704,313 5,508 3,242,517 3,961,949 (949,510) 3,012,439
8 9 10	420,301 5,508 3,598,491 4,038,044 (820,535) 3,217,509	704,313 5,508 3,242,517 3,961,949 (949,510) 3,012,439
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9	3,598,491 4,038,044 (820,535) 3,217,509	3,242,517 3,961,949 (949,510) 3,012,439
	(820,535)	(949,510)
	3,217,509	3,012,439
11		
11	9,848,381	0.054.400
11		9,854,428
• • • • • • • • • • • • • • • • • • • •	(2,431,181)	(2,612,125)
	7,417,200	7,242,303
12	1.587.824	1,556,943
12	5,829,376	5,685,360
	7,417,200	7,242,303
	12 12	12 5,829,376 ———

COMPANY BALANCE SHEET AS AT 31 DECEMBER 2012

•••••			• • • • • • • • •
	Notes	2012 €	2011 €
FIXED ASSETS			
Tangible fixed assets Investment in subsidiary undertaking	5 6	6,630,872 1	6,841,989 1
		6,630,873	6,841,990
CURRENT ASSETS			
Stocks Debtors	7	13,744 400,483	9,611
Investments	7 8	5,508	678,723 5,508
Cash at bank and in hand	9	3,558,388	3,190,052
		3,978,123	3,883,894
CREDITORS: (Amounts falling due within one year)	10	(760,615)	(871,456)
NET CURRENT ASSETS		3,217,508	3,012,438
TOTAL ASSETS LESS CURRENT LIABILITIES		9,848,381	9,854,428
CREDITORS: (Amounts falling due after more than one year)	11	(2,431,181)	(2,612,125)
NET ASSETS		7,417,200	7,242,303
FUNDED BY:			
Restricted funds Unrestricted funds	12 12	1,587,824 5,829,376	1,556,943 5,685,360
FUNDS		7,417,200	7,242,303
The financial statements were approved by the Board	of Directors on 13 July 2013 a		
Manfred Huschka	Dara Deering		
Director	Director		

CONSOLIDATED CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2012

	Notes	2012 €	2011 €
NET CASH INFLOW/(OUTFLOW) FROM OPERATING ACTIVITIES	13(i)	628,284	54,138
RETURNS ON INVESTMENTS AND SERVICING OF FINANCE			
Interest received		20,479	23,430
Interest paid		(99,795)	(101,509)
NET CASH OUTFLOW FROM RETURNS ON INVESTMENT AND SERVICING OF FINANCE		(79,316)	(78,079)
CAPITAL EXPENDITURE AND FINANCIAL INVESTMENT			
Payments to acquire tangible fixed assets		(18,087)	(52,246)
Proceeds from disposal of tangible fixed assets		-	15,644
NET CASH OUTFLOW BEFORE MANAGEMENT OF LIQUID RESOURCES AND FINANCING		530,881	(60,543)
FINANCING			
Movement in bank term loan	11	(174,907)	(171,875)
INCREASE IN CASH	13(ii)	355,974	(232,418)

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2012

2012 €	• • •			• • • • • • • • • • • •
1. INCOMING RESOURCES EXPENDED INCOMING RESOURCES Community Services-National and Regional 2,101,624 2,363,577 Fundraising- National office and Regional 2,399,618 2,216,751 Local MS Services-Granches 1,069,745 1,290,488 Respite Care Services 1,075,099 1,161,758 Government Schemes 749,283 756,340 TOTAL INCOMING RESOURCES 7,305,369 7,788,914 RESOURCES EXPENDED Community Services-National and Regional 2,999,078 3,559,475 Fundraising -National Office 880,609 916,174 Local MS Services-Branches 1,222,738 1,238,835 Respite Care Services 1,268,596 767,508 TOTAL IRCOMING/COUTGOING) RESOURCES 7,305,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 2011 € The net incoming/(outgoing) resources for the year are stated after charging: Depreciation 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group 24,354 24,563 - branches 27,975 27,602 Directors' remuneration - group 24,354 24,563 Loss on retirals and disposals of fixed assets 10,200 13,847 and after crediting:			2012	2011
INCOMING RESOURCES Community Services-National and Regional 2,101,624 2,363,577 Fundraising-National office and Regional 2,309,618 2,216,751 Local MS Services-Branches 1,069,745 1,290,488 Respite Care Services 1,075,099 1,161,758 Government Schemes 749,283 756,340 TOTAL INCOMING RESOURCES 7,305,369 7,788,914 RESOURCES EXPENDED Community Services-National and Regional 2,999,078 3,559,475 Fundraising -National Office 880,609 916,174 Local MS Services-Branches 1,222,738 1,238,835 Respite Care Services 1,268,596 1,096,663 Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741)			€	€
Community Services-National and Regional Fundraising- National office and Regional Local MS Services-Branches 2,309,618 2,216,751 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,075,099 1,161,758 1,290,488 1,075,099 1,161,758 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,290,488 1,205,369 7,756,340 TOTAL INCOMING RESOURCES 7,305,369 7,788,914 RESOURCES EXPENDED Community Services-National and Regional Fundraising -National Office 880,609 916,174 1,222,738 1,238,835 1,2268,596 1,259,663 1,268,596 1,759,663 1,268,596 1,759,663 1,268,596 1,759,451 767,508 1,222,738 1,238,835 1,268,596 1,759,451 767,508 1,222,738 1,238,835 1,268,596 1,759,451 767,508 1,268,596 1,759,451 767,508 1,222,738 1,238,835 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,268,596 1,269,663 1,269	1.	INCOMING RESOURCES/RESOURCES EXPENDED	2012	2011
Fundraising- National office and Regional Local MS Services-Branches Respite Care Services Government Schemes TOTAL INCOMING RESOURCES TOTAL RESOURCES EXPENDED TOTAL RESOURCES PRINCHES TOTAL RESOURCES REPENDED TOTAL RESOURCES REPENDED TOTAL RESOURCES REPENDED TOTAL RESOURCES REPENDED TOTAL RESOURCES EXPENDED TOTAL RESOURCES REPENDED TOTAL RESOURCES TOTAL RESOURCES REPENDED TOTAL RESOURCES REPE		INCOMING RESOURCES		
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Community Services-National and Regional2,999,0783,559,475Fundraising -National Office880,609916,174Local MS Services-Branches1,222,7381,238,835Respite Care Services1,268,5961,509,663Government Schemes759,451767,508TOTAL RESOURCES EXPENDED7,130,4727,991,655NET INCOMING/(OUTGOING) RESOURCES174,897(202,741)2. NET INCOMING/(OUTGOING) RESOURCES20122011€€€The net incoming/(outgoing) resources for the year are stated after charging:219,004232,247Interest payable and similar charges99,795101,509Auditors' remuneration- group24,35424,563- branches27,97527,602Directors' remuneration Operating lease rentals29,76735,877Loss on retirals and disposals of fixed assets10,20013,847		TOTAL INCOMING RESOURCES	7,305,369	7,788,914
Fundraising –National Office 880,609 916,174 Local MS Services-Branches 1,222,738 1,238,835 Respite Care Services 1,268,596 1,509,663 Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 ≥011 Fee € € The net incoming/(outgoing) resources for the year are stated after charging: 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group 24,354 24,563 - branches 27,975 27,602 Directors' remuneration		RESOURCES EXPENDED		
Fundraising –National Office 880,609 916,174 Local MS Services-Branches 1,222,738 1,238,835 Respite Care Services 1,268,596 1,509,663 Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 ≥011 Fee € € The net incoming/(outgoing) resources for the year are stated after charging: 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group 24,354 24,563 - branches 27,975 27,602 Directors' remuneration		Community Services-National and Regional	2.999.078	3.559.475
Local MS Services-Branches 1,222,738 1,238,835 Respite Care Services 1,268,596 1,509,663 Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 ≥011 ← € € The net incoming/(outgoing) resources for the year are stated after charging: 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group - branches 24,354 24,563 Directors' remuneration - branches 27,975 27,602 Directors' remuneration - Governmentals 29,767 35,877 Loss on retirals and disposals of fixed assets 10,200 13,847 and after crediting:				
Respite Care Services 1,268,596 1,509,663 Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 2011 € € € The net incoming/(outgoing) resources for the year are stated after charging: 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group - branches 24,354 24,563 - branches - branches 27,975 27,602 Directors' remuneration - character - character - character Operating lease rentals - character 29,767 35,877 Loss on retirals and disposals of fixed assets 10,200 13,847 and after crediting:				
Government Schemes 759,451 767,508 TOTAL RESOURCES EXPENDED 7,130,472 7,991,655 NET INCOMING/(OUTGOING) RESOURCES 174,897 (202,741) 2. NET INCOMING/(OUTGOING) RESOURCES 2012 2011 Interest incoming/(outgoing) resources for the year are stated after charging: 219,004 232,247 Interest payable and similar charges 99,795 101,509 Auditors' remuneration - group 24,354 24,563 - branches 27,975 27,602 Directors' remuneration		Respite Care Services	1,268,596	
NET INCOMING/(OUTGOING) RESOURCES 2012 2011 € The net incoming/(outgoing) resources for the year are stated after charging: Depreciation 174,897 (202,741) 2012 2011 € The net incoming/(outgoing) resources for the year are stated after charging: Depreciation 199,004 232,247 Interest payable and similar charges 199,795 101,509 Auditors' remuneration - group 24,354 24,563 - branches 27,975 27,602 Directors' remuneration 10,200 13,847 and after crediting:			759,451	767,508
2. NET INCOMING/(OUTGOING) RESOURCES 2012 2011 € € The net incoming/(outgoing) resources for the year are stated after charging: Depreciation Interest payable and similar charges Auditors' remuneration - group - branches - branches Directors' remuneration Operating lease rentals Loss on retirals and disposals of fixed assets and after crediting:		TOTAL RESOURCES EXPENDED	7,130,472	7,991,655
The net incoming/(outgoing) resources for the year are stated after charging: Depreciation Interest payable and similar charges Auditors' remuneration - group - branches Directors' remuneration Operating lease rentals Loss on retirals and disposals of fixed assets The net incoming/(outgoing) resources for the year are stated after charges 219,004 232,247 101,509 24,354 24,563 27,975 27,602 27,975 27,602 29,767 35,877 10,200 13,847		NET INCOMING/(OUTGOING) RESOURCES	174,897	(202,741)
The net incoming/(outgoing) resources for the year are stated after charging: Depreciation Interest payable and similar charges Auditors' remuneration - group - branches Directors' remuneration Operating lease rentals Loss on retirals and disposals of fixed assets The net incoming/(outgoing) resources for the year are stated after charges 219,004 232,247 101,509 24,354 24,563 27,975 27,602 27,975 27,602 29,767 35,877 10,200 13,847	2.	NET INCOMING/(OUTGOING) RESOURCES	2012	2011
are stated after charging: Depreciation Interest payable and similar charges Auditors' remuneration - group - branches Directors' remuneration - Operating lease rentals Loss on retirals and disposals of fixed assets 219,004 232,247 101,509 24,354 24,563 27,975 27,602 27,975 27,602 29,767 35,877 10,200 13,847			€	€
Interest payable and similar charges Auditors' remuneration - group - branches Directors' remuneration Operating lease rentals Loss on retirals and disposals of fixed assets and after crediting: 99,795 24,354 24,563 27,975 27,602 29,767 35,877 10,200 13,847				
Auditors' remuneration - group - branches 27,975 27,602 Directors' remuneration Operating lease rentals 29,767 35,877 Loss on retirals and disposals of fixed assets 10,200 13,847 and after crediting:		Depreciation	219,004	232,247
- branches 27,975 27,602 Directors' remuneration Operating lease rentals 29,767 35,877 Loss on retirals and disposals of fixed assets 10,200 13,847 and after crediting:		Interest payable and similar charges	99,795	101,509
Directors' remuneration Operating lease rentals Loss on retirals and disposals of fixed assets and after crediting: 29,767 35,877 10,200 13,847		Auditors' remuneration - group	24,354	24,563
Operating lease rentals Loss on retirals and disposals of fixed assets and after crediting: 29,767 35,877 10,200 13,847			27,975	27,602
Loss on retirals and disposals of fixed assets and after crediting: 10,200 13,847			-	-
and after crediting:				
		Loss on retirals and disposals of fixed assets	10,200	13,847
Interest received (20,479) (23,430)		and after crediting:		
		Interest received	(20,479)	(23,430)

Board member's travel and subsistence expenses in attending meetings in 2012 were \leq 6,031 (2011: \leq 10,558). No emoluments are paid to Board members.

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

		2012 €	2011 €
3.	GRANTS		
	HSE-Statutory Funding	2,534,554	2,624,452
	HSE-National lottery Funding	88,934	124,825
	Pobal Funding-Craga Grant	60,000	50,477
	HSE-Other Grants	12,515	11,658
	Other Grants-Non HSE	11,350	71,208
	Vodafone Ireland Foundation Grant	7,490	-
		2,714,844	2,882,620

4. EMPLOYEES AND REMUNERATION

The average number of persons employed by the Group in the financial year was 82 (2011: 92), analysed into the following categories:

	2012 No.	2011 No.
Regional services	31	32
Administration	16	18
Fundraising activities	5	6
Care	27	33
Services	3	3
	82	92

The numbers shown above are exclusive of 42 (2011: 43) persons employed under the FÁS Community Employment Scheme and persons contracted on a consultancy basis to provide counselling and fundraising services.

	2012 €	2011 €
Total staff costs comprised of the following:		
Wages and Salaries Employer social welfare costs Employer pension contributions	2,662,132 270,252 98,853	3,005,012 304,147 111,203
	3,031,237	3,420,362

The number of employees whose employment, excluding employer pension contributions, were greater that €60,000 is below:

	2012 number	2011 number
€65,000 - €75,000	2	2
€85,000 - €95,000	1	1

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

GROUP AND COMPANY	Freehold	Office	Computer	Furniture	Motor	Branches	
	Premises €	Equipment €	Equipment €	& Fittings €	Vehicles €	Fixed Assets €	Total €
Cost:							
At 1 January 2012	8,046,543	218,406	183,119	340,304	32,907	261,322	9,082,601
Additions	1	1,153	1,610	13,246	ı	2,078	18,087
Retirals	ı	(15,565)	(8'028)	(38,110)	1	(9,466)	(72,199)
At 31 December 2012	8,046,543	203,994	175,671	315,440	32,907	253,934	9,028,489
Depreciation: At 1 January 2012	1,488,026	94,610	179.739	288,651	30,812	158.774	2.240,612
Charge for the year	160,930	11,684	2,411	25,780	420	17,779	219,004
Retirals	1	(7,791)	(8,947)	(37,331)	ı	(2,930)	(61,999)
At 31 December 2012	1,648,956	98,503	173,203	277,100	31,232	168,623	2,397,617
Net Book Value:		!	!	:			
At 31 December 2012	6,397,587	105,491	2,468	38,340	1,675	85,311	6,630,872
At 1 January 2012	6,558,517	123,796	3,380	51,653	2,095	102,548	6,841,989

TANGIBLE FIXED ASSETS

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

6.	INVESTMENT IN SUBSIDIARY UNDERTAKING	2012	2011
	COMPANY	€	€
	Cost:		
	Balance at beginning and end of year	1 =	1

The Multiple Sclerosis Society of Ireland through its wholly owned subsidiary undertaking, The Multiple Sclerosis C.E.P. Company Limited, operates a Community Employment Scheme at 65 Bushy Park Road, Rathgar, Dublin 6. The registered office of the subsidiary is 80 Northumberland Road, Dublin 4.

MS Ireland Housing Association Limited is also a subsidiary of the Multiple Sclerosis Society of Ireland. MS Ireland Housing Association Limited is a company limited by guarantee and does not have a share capital. It has not traded since incorporation. The registered office of the company is 80 Northumberland Road, Dublin 4.

7.	DEBTORS	2012 €	2011 €
	GROUP	C	C
	Amounts due from fundraising activities	149,744	81,190
	Prepayments	79,775	122,676
	Community Employment Scheme	79,672	103,978
	HSE grants	72,694	151,032
	Residents fees and other Debtors	26,059	46,941
	Deferred fundraising expenditure	6,600	8,496
	Legacy due	5,757	190,000
		420,301	704,313
	COMPANY		
	Amounts due from fundraising activities	149,744	81,190
	Prepayments	79,775	122,676
	HSE grants	72,694	151,032
	Community Employment Scheme	35,140	46,752
	Residents fees and other Debtors	26,059	46,941
	Amount due from subsidiary	24,714	31,636
	Deferred fundraising expenditure	6,600	8,496
	Legacy due	5,757	190,000
		400,483	678,723

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

8.	INVESTMENTS GROUP AND COMPANY	2012 €	2011 €
	At 1 January and 31 December	5,508	5,508
	At 1 January and 31 December		5,500
9.	CASH AT BANK AND IN HAND	2012	2011
	GROUP	€	€
	National and Regional services	2,180,756	1,484,417
	Branches	1,377,632	1,705,635
	CEP Company	40,103	52,465
		3,598,491	3,242,517
	COMPANY		
	National and Regional services	2,180,756	1,484,417
	Branches	1,377,632	1,705,635
		3,558,388	3,190,052
10.	CREDITORS: (Amounts falling due within one year)	2012 €	2011 €
	GROUP		
	Trade creditors and accruals	367,429	498,429
	Bank term loan (note 11)	184,627	178,590
	Deferred income	121,908	90,041
	Community Employment Scheme PAYE/PRSI	78,265 68,306	98,656 83,794
	FAIL/FRSI		
		820,535 ———	949,510
	COMPANY		
	Trade creditors and accruals	367,429	498,429
	Bank term loan (note 11)	184,627	178,590
	Deferred income	121,908	90,041
	PAYE/PRSI	68,306	83,794
	Community Employment Scheme	18,345	20,602
		760,615	871,456

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

11.	CREDITORS: (Amounts falling due after more than one year)	2012 <i>€</i>	2011 €
	GROUP AND COMPANY	C	C
	Bank term loan	2,431,181	2,612,125

The loan is repayable by monthly instalments of €21,781 of which €15,786 represents capital repayments. As at 31 December 2012 the balance remaining on the loan was €2,615,807 of which an amount of €874,391 was fixed for 10 years at an interest rate of 3.74%, €869,335 was fixed for 5 years at an interest rate of 3.04% and €872,081 was fixed for five years at an interest rate of 4.6%

The maturity analysis of the bank loan at 31 December is as set out below:

	2012 €	2011 €
Within one year Within two to five years After more than five years	184,627 792,699 1,638,482	178,590 770,562 1,841,563
	2,615,808	2,790,715

The borrowings are secured against the Society's premises at 65 Bushy Park Road, Rathgar, Dublin 6. There is an undrawn facility of €147,000 (2011: €230,000) at year end.

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

12	FU	NΓ	26

GROUP	Restricted Funds	Unrestricted Funds	Total Funds
	€	€	€
Funds at beginning of year	1,556,943	5,685,360	7,242,303
Movement during year	30,881	144,016	174,897
Funds at end of year	1,587,824	5,829,376	7,417,200

The movement in restricted funds in the year was as follows:

Restricted fund	Fund balance at	Movements	Fund balance at
	beginning of year	during year	end of year
	€	€	€
Capital grants	1,009,055	(26,721)	982,334
Other	308,280	137,670	445,950
J. P. McManus	239,608	(80,068)	159,540
Total	1,556,943	30,881	1,587,824

The restricted funds are represented by fixed assets €982,334 (2011: €1,009,055) and net current assets of €605,490 (2011: €547,888).

The J.P. McManus Fund is restricted to expenditure in the Mid-West region. The other restricted funds include funds received from the National Lottery, funds received for the Care Centre Appeal and funds received for Getting the Balance Right Programme.

COMPANY

	Restricted Funds	Unrestricted Funds	Total Funds
	€	€	€
Funds at beginning of year	1,556,943	5,685,360	7,242,303
Movement during year	30,881	144,016	174,897
Funds at end of year	1,587,824	5,829,376	7,417,200

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

13. NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT

(i) RECONCILIATION OF CHANGES IN RESOURCES TO NET

CASH FLOW FROM OPERATING ACTIVITIES			
		2012	2011
		€	€
Net incoming/(outgoing) resources		174,897	(202,741)
Interest received		(20,479)	(23,430)
Interest payable		99,795	101,509
Depreciation		219,004	232,247
(Increase)/decrease in stocks		(4,133)	3,606
Decrease/(increase) in debtors		284,012	(76,104)
(Decrease)/increase in creditors		(135,012)	5,204
Loss on retirals and disposal of fixed assets		10,200	13,847
Net cash inflow from operating activities		628,284	54,138
(") PECONOLIVATION OF NET CACH FLOW		0010	0044
(ii) RECONCILIATION OF NET CASH FLOW TO MOVEMENT IN NET CASH		2012 €	2011 €
Increase in cash in year		355,974	(232,418)
Cash flow from debt financing		174,907	171,875
Change in net cash		530,881	(60,543)
Net cash at beginning of year		451,802	512,345
Net cash at end of year		982,683	451,802
(iii) ANALYSIS OF NET CASH			
	2011	Cash	2012
	€	Flow	€
Cash at bank and in hand	3,242,517	355,974	3,598,491
Debt due within one year	(178,590)	(6,037)	(184,627)
Debt due after one year	(2,612,125)	180,944	(2,431,181)
	451,802	530,881	982,683

14. TAXATION

The company has been granted charitable status, and accordingly no charge to corporation tax arises by virtue of Section 208 of the Taxes Consolidation Act, 1997.

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2012

15. GIFTS IN KIND

The Group receives financial support through the provision of services at reduced costs, from its advertisers, architects, printers, solicitors and other suppliers. The value of this support was approximately $\leq 14,000$ in 2012 (2011: $\leq 8,000$).

16. PENSIONS

The Group operates a defined contribution insured pension scheme for employees. The employer pension cost for the year was €98,853 (2011: €111,203) and the balance outstanding at the end of the year was €16,065 (2011: €20,257).

17. FUNDRAISING

The Group has a fundraising department and engages consultants for certain projects. Consultants are paid on the basis of achievement. Commissions in general are not paid for any fundraising activities.

18. LEASE COMMITMENTS

Operating Leases:

Premises

Annual lease commitments at 31 December 2012 amount to € 29,767 (2011: € 35,877) and relate to leases which expire.

2012

2011

	2012 €	2011
Within one yearWithin two to five yearsAfter more than five years	29,767 - -	28,877 7,000 -
	29,767	35,877

19. OTHER COMMITMENTS

In certain circumstances grants received could become repayable by the Group.

There were no significant capital commitments contracted for by the group or company or authorised by the directors but not yet contracted for at 31 December 2012.

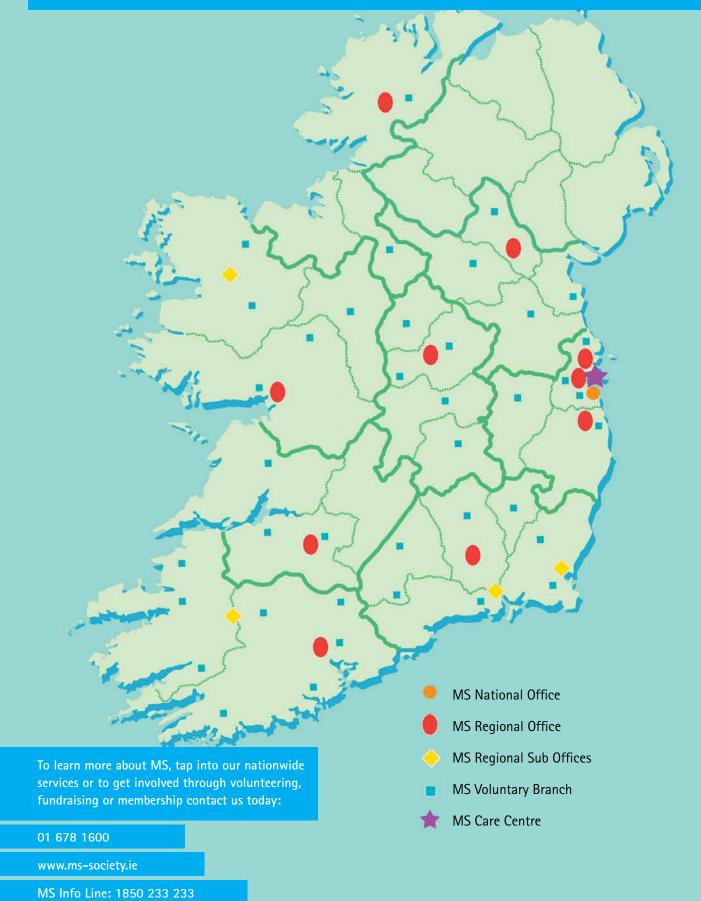
20. LEGAL STATUS

By virtue of Section 24 of the Companies Act, 1963 the company is exempt from including the word "Limited" in its name. The company is limited by guarantee and has no share capital. The amount of the guarantee is limited to €1.27 per member.

As permitted by Section 148(8) of the Companies Act, 1963 and Section 7(1A) of the Companies (Amendment) Act, 1986, the Statement of Financial Activities of the parent undertaking is not presented as part of these financial statements. The net incoming resources dealt within the financial statements of the Company were €174,897 (2011: €202,741).

MS Ireland Service Locations

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