

# MS Ireland Progressive MS Series Schedule and registration links

Date	Time	Topic	Interviewee	Registration Link
February 25th	1 - 1:45 pm	Managing Isolation	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN_qThnjejOQze1a6NczOrXSQ">https://zoom.us/webinar/register/WN_qThnjejOQze1a6NczOrXSQ</a>
March 25th	1 - 1:45 pm	Learn about Diet	Dr Conor Kerley	<a href="https://zoom.us/webinar/register/WN_UCoubSTwQ2aa aF3zksxhtA">https://zoom.us/webinar/register/WN_UCoubSTwQ2aa aF3zksxhtA</a>
April 22nd	1 - 1:45 pm	How Carer's can maintain their Mental Health	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN_UCoubSTwQ2aa aF3zksxhtA">https://zoom.us/webinar/register/WN_UCoubSTwQ2aa aF3zksxhtA</a>
May 27th	1 - 1:45 pm	How Occupational Therapy can help you to do more at work and at home	Lorna Spellman	<a href="https://zoom.us/webinar/register/WN_pOjVLRlHQkmz CZdFsAW93w">https://zoom.us/webinar/register/WN_pOjVLRlHQkmz CZdFsAW93w</a>
June 24th	1 - 1:45 pm	Learn how to manage Anxiety/Fear	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN_VFuKYofIT4anX CDfU95K-Q">https://zoom.us/webinar/register/WN_VFuKYofIT4anX CDfU95K-Q</a>
July 29th	1 - 1:45 pm	How carer can support the cared	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN_jA10py5aR7OD-7elv9czng">https://zoom.us/webinar/register/WN_jA10py5aR7OD-7elv9czng</a>
August 26th	1 - 1:45 pm	What's new in MS Research	Dr Una Fitzgerald	<a href="https://zoom.us/webinar/register/WN_jA10py5aR7OD-7elv9czng">https://zoom.us/webinar/register/WN_jA10py5aR7OD-7elv9czng</a>
September 30th	1 - 1:45 pm	Relationships & MS	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN_D5BK14DASmyy INXxien1hQ">https://zoom.us/webinar/register/WN_D5BK14DASmyy INXxien1hQ</a>
October 28th	1 - 1:45 pm	How Physiotherapy can help you manage your symptoms	Prof Susan Coote	<a href="https://zoom.us/webinar/register/WN_bLMXBUTnRIGz ndhMC ga9A">https://zoom.us/webinar/register/WN_bLMXBUTnRIGz ndhMC ga9A</a>
November 25th	1 - 1:45 pm	Regaining Vitality/ Finding a role in life	Dr Jonathan Egan	<a href="https://zoom.us/webinar/register/WN -u- NvwYYR0uDSI2c0a4 Pwg">https://zoom.us/webinar/register/WN -u- NvwYYR0uDSI2c0a4 Pwg</a>