MS Ireland EWB Spring Newsletter

Hello & Greetings to you all, as Covid-19 restrictions are still on going, We hope you are all keeping well physically & mentally, it is so important we all stay positive, With the promise of sunshine & warmer weather we can all improve our Vitamin D levels & enjoy & embrace beautiful fresh air & nature.

Our **AGM** was held online on Friday 12th March, please see attached report, should you require any further detailed information do not hesitate to contact us.

EWB Committee & New Branch Officers ...

Chairperson: Mark Mitchell Vice-Chair: Elsie Ryan Secretary: Patrice Brady Carton Treasurer: Martina O'Sullivan Council Delegate: Elsie Ryan John Mardirosian Tom Allen Jean Woolmingham Margaret Howley Damien Byrne

Financial Assistance

Four of our committee are also on our Financial Assistance subcommittee, please be assured all financial assistance applications are dealt with in the most confidential way. Contact for assistance can be made privately through elsiefinnegan@gmail.com or mark.mitchell8@gmail.com

🐡Easter Raffle 👯

We have an Amazing Hamper to giveaway to some lucky person this Easter along with some eggstra yummy prizes!

Tickets can be purchased through PayPal using the email <u>msirelandewb@gmail.com</u> or following the payment link <u>https://mysplink.com/msireland/eastwicklowbranch</u> ⁽²⁾ Tickets are €5 each or 3 for €10 ⁽³⁾

If you purchase your tickets through paypal please email us your contact details so we can contact you if you win this Fabulous Prize

All funds raised will go to the East Wicklow Branch of MS Ireland and towards providing vital services \checkmark

Thank you in advance for your support, Please share with your families & friends 👯

Seeds of Hope, In the coming weeks we will have little pockets of Wild flower seeds selling through retail outlets, we would ask you all to enquire in your local shop & chemist you use for them to take these to sell **PLEASE**

East Wicklow branch MS person of the year 2021

As a committee our choice was unanimous in choosing a wonderful Lady to receive this award, our congratulations to Mairin Harris & our thanks for her continued commitment to our branch & people living in Wicklow with MS.

Friday Coffee & Zoom Chat

Our regular weekly zoom meet up continues every Friday at 11, have your Coffee & join in the Chat, Zoom details are circulated each week by Geraldine & Damien. Along with this group there is also a Whatsapp group where the banter is good. Again Damien Byrne (087) 4149229 is your contact to the Whatsapp group.

Our Branch Writers Workshop

"Greystones Scribblers" continue meeting on zoom every second Wednesday at 11am. For more information: email <u>mark.mitchell8@gmail.com</u>.

The Netflix Movie Club meet every second Wednesday evening through Zoom, a movie is picked to watch in your own time and discuss at the next meet up. Its good fun & an interesting way of watching movie genres you may not otherwise follow, the next meet up is Wednesday 24th March at 6.30pm. New members are always welcome. If you would like to join, text Damien on 087 4149229 for more details & log ins.

Contact information for our East Wicklow Branch

email : msirelandewb@gmail.com Mobile call / text : Elsie Ryan (087) 2142890 Our Facebook pages : www.facebook.com/MS Ireland East Wicklow Branch & www.facebook.com/Arklow MS Support Group MS Ireland Regional community worker contact Geraldine on her mobile 087 2484267 or email <u>geraldined@ms-society.ie</u> Head Office are also currently running a dedicated Coronavirus link on the MS Ireland website www.ms-society.ie

Take Care & Stay Safe