



CORPORATE VOLUNTEERING

Join our Corporate Volunteering Programme to take on short-term community activities which have a positive long-term impact.

**CONTACT sarahh@mssociety.ie
FOR MORE INFORMATION!**



EVERYONE BENEFITS!

How does corporate volunteering help us and you?

Corporate Social Responsibility (CSR) involves integrating social and environmental concerns into your organisation's mainstream operations. CSR is recognised as an integral aspect of growing an ethical, sustainable and profitable business.

Volunteering supports worthy causes and has a lasting and positive impact on those who take part.

As well as supporting the MS Ireland community, corporate volunteering offers your organisation the opportunity to increase employee retention, improve job satisfaction, motivation, and in turn improve productivity.

Research has shown that employees who volunteer report greater motivation at work, increased commitment to their company, as well as better social connections with their colleagues and an understanding of the challenges being faced by community and voluntary organisations in their local community.

Corporate volunteering can also raise the community profile of your organisation; enhancing brand awareness by establishing new relationships, connecting with the community and meeting new people.

The transformative effect of volunteering on individuals, organisations, communities and society is a portal to active citizenship, social inclusion and solidarity.

Many corporates choose to match their employee's time volunteering with a voluntary contribution. This further increases the scope of the company's positive impact on the MS Ireland community, directly through their employees volunteering and also by helping to fund the services we provide.

Source: Volunteer Ireland

Contact sarahh@ms-society.ie for more information about our volunteering programme.



MS CARE CENTRE

Come and join us to volunteer in person.

Our MS Care Centre is the only dedicated respite centre for people with Multiple Sclerosis in Ireland and is a place for residents to learn more about their MS and find ways to self-manage their condition.

It offers short-term respite care to people with MS and other neurological conditions, therapeutic services, neurological assessments and many social activities in a homely environment in the suburbs of Dublin. Our 'home away from home' is a place of rest and relaxation for people from all over Ireland.

How can you help?

While the amazing fundraising our MS Ireland community does each year keeps the doors of our MS Care Centre open, there are lots of practical ways your organisation could help us in providing the best environment for our residents. For example: painting and gardening.

All necessary equipment is provided, including gloves, tools etc. Health & Safety forms and public liability insurance are referenced. MS Ireland tee-shirts are provided. Lunch and transport of volunteers are at a cost to the visiting corporate. Hours worked are in line with normal office hours and task dependent. A detailed plan of activity is agreed in advance.



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AMBASSADOR PROGRAMME

Come and join us to volunteer virtually.

From the comfort of their own homes our Ambassadors virtually visit schools, libraries and clubs across the country to engage people of all ages in MS Ireland campaigns and spread the word about what life is like for people living with MS.

How can you help?

Our **Ambassador Programme** is an inclusive and accessible way for volunteers to work with us, connect with community, spark their creativity and develop new skills. Our Ambassadors:

- Virtually visit a number of schools, libraries and clubs. *These can be chosen within their own local community or we can pair Ambassadors with groups across the country.*
- Give an interactive online presentation using the resources provided. The purpose of the presentation is to encourage participation in MS Ireland campaigns and to share knowledge about MS and the work of MS Ireland,
- Answer questions arising from the presentation,
- Follow up after the virtual visit for review,
- Liaise with the MS Readathon Team.



Ambassadors receive:

- Full tele training before the virtual visits begin,
- A resource pack detailing all the elements of the MS Readathon campaign and information on how to format and run a virtual visit,
- Support and engagement from the MS Readathon Team,
- A Certificate of Participation in the Ambassador Programme.

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