

**NATIONAL CONFERENCE
2023**

**INFORMATION DAY FOR
HEALTHCARE PROFESSIONALS
FRIDAY, SEPTEMBER 15TH**

**LIVING WELL WITH MS
SATURDAY, SEPTEMBER 16TH**

RADISSON HOTEL, ATHLONE

FRIDAY AGENDA

9:00am

Registration

9:45am

Opening Remarks

10am - 11am

Trauma Informed Practice

Yvonne Davis

Quality Matters

An overview of Trauma Informed Practice as an approach and insights into the key components and core concepts of Trauma Informed Practice

11:15am - 12:15pm

Digital Health Strategies

Dr Guido Giunti

Adjunct Professor, Senior Researcher, University of Oulu, Finland

The challenges and opportunities of Digital Health in a post pandemic world

12:30pm - 1pm

An Introduction to the Irish Neurology Nurses Forum

Sinéad Jordan

Chair of The Irish Neurology Nurses Forum

1pm - 2pm

Lunch

2PM - 3 PM

Back to Basics - The Forgotten Areas of MS Management

Dr Wendy Hendrie

MS Specialist Physiotherapist

Exploring the areas of MS assessment and management

3:15PM - 4:15 PM

MS Management and the role of the MDT

Dr Hugh Kearney

Consultant Neurologist, MS Unit, St James' Hospital, Dublin

SATURDAY AGENDA

9:00am

Registration

9:45am

Welcome

10am - 11:30am

Silent Progression in MS

Dr Hugh Kearney

Consultant Neurologist

MS Unit, St James' Hospital Dublin.

11:45am - 12:45pm

Parallel Sessions 1

Fatigue Management Workshop

Dr Guido Giunti

Adjunct Professor, Senior Researcher, University of Oulu, Finland

Mental Health Toolbox for MS

Dee Hennessey

Mindful Mindset Coach

Benefits, Entitlements and Financial Awareness in MS

Deborah Dwyer

Citizens Information Centre - Athlone

1pm-2pm

Lunch

2pm-3pm

Parallel Sessions 2

3:15pm-4:15pm

**MRI and How We Might Measure
the Immeasurable in MS**

Dr Brendan Kelly

Fellow in Radiology, St Vincents University Hospital, Dublin

MEET OUR SPEAKERS

YVONNE DAVIS

QUALITY MATTERS

Yvonne Davis is the National Programme Lead with Trauma Informed Practice Ireland and the Training Manager with Quality Matters. She has a background in Social Care Practice and has over 12 years front line practice experience in a variety of community and voluntary settings, predominantly drug and alcohol services where she has worked in roles including project work, case management and training and development. Yvonne has completed a Post Graduate Certificate in UCC in Trauma Informed Care. She believes strongly in the efficacy of this model, in removing barriers for stigmatised and marginalised groups, in supporting those who require services the most to access them, as well as in supporting service providers to become more proficient in self-management and self-care.



FRIDAY: TRAUMA INFORMED PRACTICE

MEET OUR SPEAKERS

DR GUIDO GIUNTI

**ADJUNCT PROFESSOR, SENIOR RESEARCHER
UNIVERSITY OF OULU, FINLAND**

Dr. Guido Giunti is a medical doctor specialised in digital health solutions for chronic care. He has worked in academic, clinical, and industrial settings at top organisations in Europe; and he has combined his medical, technological, and entrepreneurial expertise to lead the development of "More Stamina", a gamified digital health solution for people with Multiple Sclerosis.

Dr. Giunti's work has received numerous awards, including a Marie Sklodowska-Curie fellowship, the Best Doctoral Dissertation award, and recognition as one of Finland's top healthcare innovators by the medical magazine Mediutiset. In 2021, he was selected as one of Argentina's Ten Outstanding Young Persons of the year by the Junior Chamber International due to his work on medical innovations.

Dr. Guido Giunti currently leads the work on Digital Therapeutics at Trinity College Dublin and is an Adjunct Professor of Digital Health Design and Development at the University of Oulu in Finland.



FRIDAY: DIGITAL HEALTH STRATEGIES

SATURDAY: FATIGUE MANAGEMENT

WORKSHOP

MEET OUR SPEAKERS

SINEAD JORDAN

ANP MS, ST VINCENT'S UNIVERSITY HOSPITAL CHAIR OF IRISH NEUROLOGY NURSES FORUM

Sinead Jordan is an Advanced Nurse Practitioner in MS and Nurse Prescriber working at St. Vincent's University Hospital in Dublin. Sinead is a co-founder and the current Chair of the Irish Neurology Nurses Forum (INNF) which was established in 2022. Within this role she is part of the steering group for the development of post graduate/ MSc in Clinical Neurology for neurology nurses with Trinity College Dublin. Sinead also holds an Adjunct Associate Professor position at UCD and lectures both undergraduate and postgraduate nursing students.

Sinead has extensive experience working with and supporting people living with multiple sclerosis having worked in the field for over 25 years along with having significant research experience.



FRIDAY: AN INTRODUCTION TO THE IRISH NEUROLOGY NURSES FORUM

MEET OUR SPEAKERS

DR WENDY HENDRIE

MS SPECIALIST PHYSIOTHERAPIST

Wendy Hendrie has specialised in the management of multiple sclerosis and complex neurodisability for over forty years. She has worked in the NHS, on Younger Disabled Units and in MS Therapy Centres. She completed a PhD in 2012 looking at the physical and psychological effects of regular standing frame use in the homes of people with progressive MS.

She was a member of the 2014 NICE Guideline Development Group for MS and was a founder member of the UK group Therapists in MS (TiMS), of which she was co-chair for six years. She lectures widely on all aspects of MS management and is on the Faculty of the MS Academy. She currently works as a clinician at an MS Centre in Norwich. As well as her clinical work, she is involved in a number of research and advisory projects in the UK.



FRIDAY: BACK TO BASICS – THE FORGOTTEN AREAS OF MS MANAGEMENT

MEET OUR SPEAKERS



DR HUGH KEARNEY CONSULTANT NEUROLOGIST MS UNIT, ST JAMES' HOSPITAL, DUBLIN

Dr Kearney completed a PhD in University College London investigating the use of spinal cord MRI in MS and its association with disability. He completed his clinical training in neurology in Ireland, including a two-year postdoctoral fellowship in genomics with FutureNeuro. He currently works as a consultant neurologist in St James's Hospital, and is leading the newly established MS unit.

He is also part of the Academic Unit of Neurology in Trinity College Dublin, and is developing a research group focused on translational research in multiple sclerosis, including the development of diagnostic biomarkers.

**FRIDAY: MS MANAGEMENT AND THE
ROLE OF THE MDT**

SATURDAY: SILENT PROGRESSION IN MS

MEET OUR SPEAKERS



DEBORAH DWYER
DEVELOPMENT MANAGER
NORTH LEINSTER
CITIZENS INFORMATION SERVICE

Deborah Dwyer is a Development Manager within North Leinster Citizens Information Service (this region covers Kildare, Longford, Louth, Meath, and Westmeath). Deborah has responsibility for Co. Westmeath as a service area. Deborah's presentation will cover social and civil rights and entitlements with a focus on illness based payments and carers based payments.

Her presentation will accommodate a Q&A element and will touch on topics such as Making A Will and other Life Events.

**SATURDAY: BENEFITS, ENTITLEMENTS
AND FINANCIAL AWARENESS IN MS**

MEET OUR SPEAKERS

DEE HENNESSEY

MINDFUL MINDSET COACH

Helping those experiencing stress to connect their mind, body and spirit through ancient wisdom, neuroscience and nature. Dee Hennessey is a Senior Facilitator, Mindful Mindset Coach and Cross Professional supervisor committed to supporting clients to banish burnout, to find balance and to blossom.

Dee has supported hundreds of clients to manage stress and overwhelm for themselves with evidence-based, simple, transformative actions from her own unique approach.

Her specialist topics include resilience, mindful leadership and happiness.



SATURDAY: MENTAL HEALTH TOOLBOX FOR MS

MEET OUR SPEAKERS



DR BRENDAN KELLY

FELLOW IN RADIOLOGY

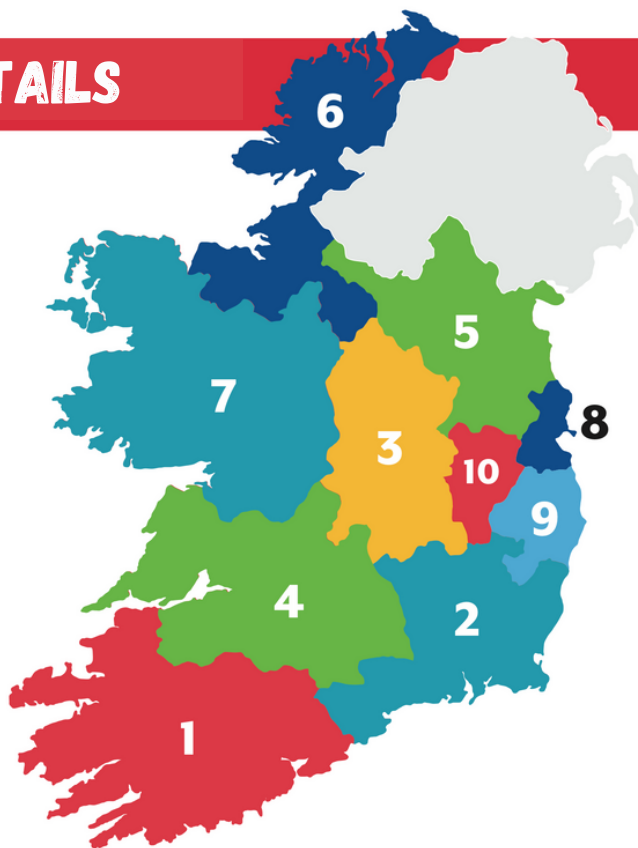
ST VINCENT'S UNIVERSITY HOSPITAL

Dr. Brendan Kelly is a HRB/Wellcome Trust Irish Clinical Academic Training (ICAT) Fellow in Radiology in St Vincent's University Hospital, and a PhD candidate at the Insight Centre for Data Analytics in UCD. He is a Fellow of the Faculty of Radiologists RCSI, holds BSc and MSc qualifications in Medical Imaging and MBBCh from UCD. He was a 2020 Fulbright Ireland HRB HealthImpact Scholar to Stanford University Centre for Artificial Intelligence in Medicine and Imaging. His research interests are in the clinical application of AI to Radiology and has presented and published on these topics nationally and internationally.

**SATURDAY: MRI AND HOW WE MIGHT
MEASURE THE IMMEASURABLE IN MS**

REGIONAL CONTACT DETAILS

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OUR THANKS TO NOVARTIS AND ROCHE FOR THEIR SUPPORT

