

80 Northumberland Road, Dublin 4, D04 T856 T: (01) 678 1600 W: www.ms-society.ie

RCN: 20007867

Charity Number: 296573



As the Christmas season dawns yet again, it's that time of year when we reach out to our extended family of supporters. In the spirit of generosity that surrounds us at this time, we turn to you with a sincere appeal from the Multiple Sclerosis Society of Ireland.

This Christmas season, we invite you to help us continue running our essential services for those living with Multiple Sclerosis (MS). Your support, no matter how modest, is **the fuel that maintains our support services.**

Transforming Lives: Your Donations Work Miracles

Your donations are the lifeblood of MS Ireland. They lie at the heart of our ability to provide vital services for individuals and families navigating the daily challenges of MS. With your support, we uphold our mission of ensuring that no one walks this journey alone.

It's easy to underestimate the influence of a small act of giving, but every donation and gesture of support stands as a testament to the power of community.



From Uncertainty to Hope: How We Change Lives with Your Support

At MS Ireland, our mission is not just a statement; it's a life commitment reflected in the comprehensive range of services we maintain. Our services are a testament to your generosity. Without your help, it simply wouldn't be possible to achieve it on the scale required. Here's what your donations help maintain.



National MS Respite Centre: Where Care and Comfort Converge

Our national Care Centre is the only dedicated respite centre for people with Multiple Sclerosis in Ireland. It's a sanctuary where individuals with MS receive expert care tailored to their unique needs as well as a place to find the solace required to rejuvenate the spirit. The centre is currently only open for 40 weeks per year as a result of decreased funding over the last number of years. But with increasing demand, we desperately want to return to operating 50 weeks per year.

MS Information Line: A Lifeline of Support

In those moments when we're vulnerable and fearful in the midst of a diagnosis, the MS Information Line provides the very human lifeline we all crave. Our Information Line provides immediate guidance, answers, and reassurance during those critical times – before, during, and after a diagnosis.





Regional Community Work: The Backbone of Our Outreach

Our community workers are out on the front line, making a meaningful difference to the lives of those living with MS. They provide information and support, particularly to those newly diagnosed with MS. These dedicated professionals play a crucial role in fostering a sense of community and providing a safety net of care and understanding. Our one-to-one support services are tailored to specific needs, fostering a sense of belonging and understanding, making sure no question goes unanswered and no concern goes unnoticed.

Physiotherapy and Exercise: Get Active

MS Ireland offers a variety of in-person and online sessions, including physiotherapy, yoga, and exercise classes, across the country. These programs play a crucial role in promoting an active and mobile lifestyle, while also nurturing a positive state of mind for those living with MS.





A Journey of Hope: Orla and MS Ireland

An example of one such person is Orla Marron. Orla embarked on her MS journey six years ago, in an unexpected odyssey that began just after her 30th birthday.

"The first year was a rollercoaster", Orla recalls, reflecting on the tumultuous period following her diagnosis. The daily challenges of navigating MRI scans, treatment decisions, and severe side effects left her in a state of perpetual uncertainty. To add to her woes, she experienced a terrifying episode of temporary blindness in her right eye. It was an overwhelming and harrowing time.

In the darkest moments of her journey, Orla found refuge and solace in the support and services offered by MS Ireland. "I attended physio and counselling sessions, all provided by MS Ireland" she recalled. "I'm very grateful for all these services and support. It helped get me through the worst part of my life". Despite the hardships she faced, Orla carries hope for the future and passionately urges others not to feel isolated on their own MS journey. Orla emphasises the importance of reaching out for support, saying, "I would love to ensure that people know that there is help out there for them. MS is hard enough to live with, especially on the bad days. So, it is important to know there is help and support available to you".

What Orla's journey underscores is the formidable strength of the human spirit and the transformational power of support. Through MS Ireland's services, Orla discovered a beacon of hope in the midst of uncertainty. Her path is now illuminated by the kindness and care of a compassionate community.

Yes! I want to help to support services every month. Here is my monthly commitment of:				
€10				
I would like my monthly donation debited on the 1st OR 15th of each month (pl	ease select one)			
*If you are a tax payer, a gift of €21 a month or more could be worth up to an additional 45% to us at no extra cost to you.				
Sepa Direct Debit Mandate				
IBAN:				
BIC Your BIC number may contain eight or eleven digits. Unic	que Mandate Reference			
Is there more than one signatory needed to sign on you account?	Creditor:			
Is this a Republic of Ireland account? Can the bank account accept direct debits?	MS Ireland			
	Credit Identifier:			
Signature: Date:				
Your Rights: By signing this mandate form, you authorise (A) MS Ireland to send instruction to your bank to debit your account and (B) your bank to debit your account in accordance with the instructions from MS Ireland. As part of your right, you are entitled to a refund from your bank under the terms and conditions of your agreement with your bank. A refund must be claimed witin 8 weeks starting from the date in which your account is debited. Yor rights are explained in a statement you can obtain from your bank.	Creditor Address: 80 Northumberland Road, Dublin 4, D04 T856			

To make an instant donation call 01 678 1600 or visit www.ms-society.ie

To make a donation, please complete the form below and return it using the prepaid envelope provided. Alternatively, you can go to ms-society.ie/donate and follow the simple instructions. We thank you for your kind support.

Wishing You a Bright and Joyful Christmas!

We wish to extend our heartfelt gratitude for your unwavering support. Thanks to your generosity, MS Ireland can continue its vital mission of making a difference to the lives of the 10,000 people living with MS nationally.

Thank you for being part of this journey with us. We simply couldn't do it without you. From all at the Multiple Sclerosis Society of Ireland, we wish you a very Merry Christmas.

want to hear from us again, that's okay! Just let us know by contacting us .

ava Ballo

CEO, MS Ireland

Be the Change: Please Donate to MS Ireland Today

Christmas embodies the essence of giving, a giving that generates ripples of kindness that warm us even on the coldest of days. In the true spirit of giving, we invite you to take a concrete step in supporting those living with MS. By contributing to MS Ireland, you'e not just providing financial assistance; you're offering the gift of a brighter tomorrow to individuals living with MS.

Registered Charity No. 20007867 | Charity Number: CHY 5365

P.S. Please consider donating to help us maintain our essential services. It truly is only through people like you that we can continue to do what we do.

Yes! I want to help people like Orla. Here is my gift of:				
€50	€75	€280	My own choice of: €	
I enclose a cheque/bank made payable to MS Irel		OR Please debit my:	Visa Mastercard Visa Debit	
Card Number:				
Expiry Date:		Security Code:		
Signature:	Date:			
Phone and email can our work and opport		cost effective way	y for us to keep you updated on	
I'm happy to receive phone	calls. My number is:	I'm happy to receive	e emails. My email address is:	
I would like to receive inform leaving a gift to MS Ireland		If you would prefer not to re communication from us, plec	·	
For further detailed information on half please visit ms-society.ie/privacy to any time you'd like to change how	o see our full privacy state	ement. If at Email:	80 Northumberland Road, Dublin 4, D04 T856 fundraising@ms-society.ie	