



## National Awards 2025

### *Carer / Helper of the Year*

The objective of this award is to recognise the vital role of carers in the lives of people with MS and to give our members and branches the opportunity to acknowledge this role.

**Criteria for nomination:**

Carers/helpers exist in all communities. An informal carer is defined as a person who takes unpaid responsibility for the physical and/or mental well-being of someone whose needs for help in daily living are seen to be greater than normal, because of illness or disability.

When submitting nominations, please include the following details:

- A. Who the candidate cares for/helps - one person or many people
- B. Their involvement with the MS society or local community
- C. Special elements that make the candidate stand out
- D. Any additional information together with any press cuttings or photographs that may be relevant

**Candidate's Name:** \_\_\_\_\_

**Candidate's Address** \_\_\_\_\_

\_\_\_\_\_

**Candidate's Telephone No.** \_\_\_\_\_

**Nominated by** \_\_\_\_\_

**Nominees Telephone No.** \_\_\_\_\_

**Branch name (if applicable)** \_\_\_\_\_

**Who the candidate cares for** \_\_\_\_\_

**Involvement with MS Society** \_\_\_\_\_

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**Special elements that make this candidate stand out from all the others**

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**Any additional information that may be relevant.**

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**Let the person know that they have been nominated by you for this award.**

Please complete and return to :

***Alice McKeon  
MS Care Centre  
65 Bushy Park Road  
Rathgar  
Dublin 6 D06 CV90***

**Closing date for receipt of applications: Friday 10th October 2025**